

#### **Our Vision**

Central Texas is a model healthy community.

#### **Our Mission**

By caring for those who need it most, Central Health improves the health of our community.

#### **Our Values**

Central Health will achieve excellence through:

Stewardship - We maintain public trust through fiscal discipline and open and transparent communication.

Innovation - We create solutions to improve healthcare access.

Right by All - By being open, anti-racist, equity-minded, and respectful in discourse, we honor those around us and do right by all people.

Collaboration - We partner with others to improve the health of our community.

#### STRATEGIC PLANNING COMMITTEE MEETING

Wednesday, January 17, 2024, 1:00 p.m.

Videoconference meeting<sup>1</sup>

#### A quorum of the Committee and the presiding officer will be present at:

Central Health Administrative Offices 1111 E. Cesar Chavez St. Austin, Texas 78702 Board Room

Members of the public may attend the meeting at the address above, or observe and participate in the meeting by connecting to the Zoom meeting link listed below (copy and paste into your web browser):

https://us06web.zoom.us/i/87244614430?pwd=xFqAo3m9V7mWhQTG5qQCUq698qAciB.1

Meeting ID: 872 4461 4430 Passcode: 392695

Links to livestream video are available at the URL below (copy and paste into your web browser):

https://www.youtube.com/@tchealthdistrict/streams

Or to participate by telephone only: Dial: (346) 248 7799 Meeting ID: 872 4461 4430

Passcode: 392695

The Committee may meet via videoconference with a quorum present in person and allow public participation via videoconference and telephone as allowed under the Open Meetings Act. Although a quorum of the Committee will be physically present at the location posted in this meeting notice, we strongly encourage all members of the public to observe the meeting virtually

and participate in public comment, if desired, through the virtual meeting link or telephone number listed on this meeting notice.

Members of the public who attend in person should conduct a self-assessment before coming to the building to ensure they do not have a high temperature or any symptoms of COVID-19. Anyone who is symptomatic and/or has a fever should contact their healthcare provider for further instructions. Symptomatic members of the public can still participate, if desired, through the virtual meeting link or telephone number listed on this meeting notice. Resources related to COVID-19 can be found at the following link:

#### https://www.centralhealth.net/covid-info/.

A member of the public who wishes to make comments virtually during the Public Communication portion of the meeting must properly register with Central Health **no later than 11:30 a.m. on January 17, 2024**. Registration can be completed in one of three ways:

- Complete the virtual sign-in form at https://www.centralhealth.net/meeting-sign-up/;
- Call 512-978-9190 and leave a voice message with your full name, your request to comment via telephone, videoconference, or in-person at the meeting; or
- Sign-in at the front desk on the day of the meeting, prior to the start of the meeting.

Individuals who register to speak on the website or by telephone will receive a confirmation email and/or phone call by staff with instructions on how to join the meeting and participate in public communication.

#### **PUBLIC COMMUNICATION**

Public Communication rules for Central Health Committee meetings include setting a fixed amount of time for a person to speak and limiting Committee responses to public inquiries, if any, to statements of specific factual information or existing policy.

#### **COMMITTEE AGENDA<sup>2</sup>**

- 1. Review and approve the minutes of the November 8, 2023 Strategic Planning Committee meeting. (Action Item)
- 2. Receive and discuss an update on the Black Men's Health Clinic. (Informational Item)
- 3. Receive a 2023 year-end update on Central Health communications. (Informational Item)
- 4. Receive an update on the Central Health Latino Family Support Conference. (*Informational Item*)
- 5. Review tentative reporting schedules for Fiscal Year 2024. (Informational Item)
- 6. Confirm the next Strategic Planning Committee meeting date, time, and location. (*Informational Item*)
- <sup>1</sup> This meeting may include a member of the Strategic Planning Committee participating by videoconference. It is the intent of the presiding officer to be physically present and preside over the meeting at Central Health Headquarters, 1111 Cesar Chavez, Austin, Texas 78702. This meeting

location will be open to the public during the open portions of the meeting, and any member participating by videoconference shall be visible and audible to the public members in attendance whenever the member is speaking. Members of the public are strongly encouraged to participate remotely through the toll-free videoconference link or telephone number provided.

The Strategic Planning Committee may take items in an order that differs from the posted order and may consider any item posted on the agenda in a closed session if the item involves issues that require consideration in a closed session and the Committee announces that the item will be considered during a closed session. A quorum of Central Health's Board of Managers may convene or participate via videoconference to discuss matters on the Committee agenda. However, Board members who are not Committee members will not vote on any Committee agenda items, nor will any full Board action be taken.

Any individual with a disability who plans to attend or view this meeting and requires auxiliary aids or services should notify Central Health as far in advance of the meeting day as possible, but no less than two days in advance, so that appropriate arrangements can be made. Notice should be given to the Board Governance Manager by telephone at (512) 978-8049.

Cualquier persona con una discapacidad que planee asistir o ver esta reunión y requiera ayudas o servicios auxiliares debe notificar a Central Health con la mayor anticipación posible de la reunión, pero no menos de dos días de anticipación, para que se puedan hacer los arreglos apropiados. Se debe notificar al Gerente de Gobierno de la Junta por teléfono al (512) 978-8049.

# Central Health Board of Managers Shared Commitments Agreed adopted on June 30, 2021

Whereas, the Board of Managers of Central Health has come together as a governing body to ensure the Vision of Central Health: Central Texas is a model health Community;

Whereas, the Board of Managers of Central Health bring this vision into reality by enacting the mission of caring for those who need it most and thereby improving the health of our community;

Whereas, the Board of Managers of Central Health achieves excellence toward this vision and mission through the stated values of Stewardship, Innovation, Respect, and Collaboration;

Whereas, the Board of Managers of Central Health further known as we in this document understand that systemic racism is the root of health inequities that emerge from a history of racism in Texas including Travis County that contributes to the social determinants of health that play a primary role in producing inequitable health outcomes;

Whereas, as an organization, Central Health is anti-racist and committed to a diverse and inclusive culture that seeks equity and social justice in the pursuit of its mission:

- 1. We Commit to informing all of our actions as Board Managers with the understanding that we are accountable to recognizing and to interrupting systems of oppression. This includes understanding the power structure in the United States, and Texas, and Travis County, that advantages certain community members and has historically disadvantaged other community members based on the color of their skin, race, ethnicity, language, and/or other characteristics. We further understand that to disrupt this power structure and the health inequities it produces, we must collaborate to collectively respond to the lived realities of all ethnicities, races, and identities disadvantaged within this system and all historically oppressed identities and communities disadvantaged within this system. We Commit to understanding that when disadvantaged communities compete against each other, we all lose in this system, and the only way forward is to work together for the benefit of all oppressed communities collectively.
- 2. We Commit to a model of Generative Leadership which requires us to understand and practice collaboration and accountability demonstrated by following our agreed upon meeting procedures and ensuring all members have the opportunity for comparable speaking time. We further Commit to intentionality prior to speaking including: considering: what is the goal of what I

- want to share; is this the right time to share it; and is this in keeping with our collective goal for this particular moment within this particular meeting?
- 3. We Commit to Generative Conflict which includes engaging in disagreements and differences in perspective in a way that deepens relationships and trust by expanding knowledge and understanding of each other, including expecting our ideas to be expanded and enriched by learning and engaging with other Board Manager ideas, choosing curiosity over competition of ideas, and anchoring our conversations in our common purpose.
- 4. We Commit to practicing emotional intelligence as leaders which includes being aware of our own emotions and reactions and managing them, as well as being aware of our impact on others and managing this impact for the collective good when we are in our role as Board Managers.
- 5. We Commit to being aware of our own privileges and advantages in the sociopolitical and economic structure of the United States, Texas, and Travis County to use these for the benefit of interrupting inequities across historically disadvantaged identities.
- 6. We Commit to preventing the commission of microaggressions through the awareness of the history and oppression of diverse identities and communities. To this end, we Commit to strive to learn the historical context informing the lived realities of all historically oppressed identities and communities, and to use this to prevent use of language and commission of actions that can be harmful given these histories.
- 7. If we inadvertently commit a microaggression, we strive to immediately become aware on our own of the harm we have caused. If another Board Manager generously helps us become aware of a microaggression we have committed we welcome the support in our learning and growing process as a leader and immediately express appreciation for having made us aware, own the mistake we have made, acknowledge the impact of the harm we have caused, and engage repair through apology and the articulation of what we will do to avoid the repetition of such harm in the future.
- 8. If we observe one of our fellow Board Managers commit a microaggression, we Commit to calling them in by letting them know in a respectful and kind manner of the mistake that has been made.
- 9. We understand that many of us, as survivors of historically oppressed identities and communities, carry internalized narratives of oppression, and we can inadvertently express these oppressions against others in ways that cause harm and we Commit to the same process identified in 7 and 8 to engage repair and return to generative collaborative processes.
- 10. We understand that even without the history of oppression potentiating the weight of harm, expressions of prejudice and rudeness can also cause harm to our shared aims, and we Commit to the same process identified in 7 and 8 to engage repair and return to generative collaborative processes.

- 11. We Commit to using our Racial and Social Justice Framework (next page) for decision-making as we work together for the collective good of our communities as we eradicate health inequities and create a model healthy community.
- 12. We understand that we are entrusted with a vital responsibility for our communities and are accountable stewards for the time and resources available to our Board of Managers. We understand that these commitments are entered into to ensure responsible stewardship of this time and resources through generative collaborative processes to reach our vision and mission and we agree that if we do not follow any one of these commitments we welcome our Board Manager colleagues to bring this to our attention through the agreed upon process reflected here and when this occurs, we commit to immediately acknowledging the mistake and engaging in a repair and correction process as indicated in these commitments so that our work to dismantle systemic racism and resulting barriers and achieve health equity can move forward.

Manager as of 6/30/2021 and henceforth forward as indicated by signature below.

Board Manager Signature

Date

Be it adopted that the above agreements will be honored and acted upon by each Board

**Board Manager Printed Name** 

# Calling In and Repairing Harm

# Calling In after Harm in Groups with Shared Values and Aims Stance

Hey, this thing you said/did hurt some folks or could hurt some folks.

- A) Here's why that can be hurtful or,
- B) Please do some research to learn the history of why that's hurtful.

Implied message: I know you are good and are on this journey with us and we are all going to make mistakes as we unlearn things.

# Calling In after Harm in Groups with Shared Values and Aims Sample Language

• I know it wasn't your intention, but what you just said minimizes the horror of
e.g. the history of racism, enslavement, the holocaust, etc.
<ul> <li>I know it wasn't your intention but what you just said has the impact of implying that</li> </ul>
are not competent or as intelligent as others.
<ul> <li>What you just said suggests thatpeople don't belong.</li> </ul>
<ul> <li>That phrase has been identified as being disrespectful and painful to</li> </ul>
people and it's important that we not use it.
<ul> <li>Oh, I have also used that term, but I have now learned that when we use it we are</li> </ul>
leaving out people who or we are implying thatand the
word people are learning to use now is
<ul> <li>The term used now by people living with that identity is</li> </ul>

# Repairing Harm after Microaggressions, Mistakes, and expressions of Prejudice

- Own / Name it
- Recognize the Impact
- Apologize (Do not share context or explanations)
- Make any amends that are possible
- State what you are going to do to learn and do better in the future.

Sample Language: Thank you so much for letting me know. You are right, I used this term or said that phrase and realize that it has the impact of minimizing the experience of \_\_\_\_\_\_ or implying that\_\_\_\_\_. I am deeply sorry and will practice learning the correct language and will research and learn more about this to ensure that I do not make this mistake and cause this harm in the future.



# RACIAL and SOCIAL JUSTICE FRAMEWORK

# Values and Anti-Racism/Anti-Oppression

- Is this consistent with our values?
- Are we taking steps so we cannot predict outcomes by race and other systemically disadvantaged characteristics?

# Intentional and Accountable Storytelling

- What data are we using and has it been disaggregated by race? What is the source of the data? Who is it making visible and invisible? Whose experience is being centralized and whose is being marginalized in the data? Does the way we are using the data reflect the complexity of the issues and reflect the issues accurately?
- What are the stories and narratives we are telling? What is the purpose? Who is interpreting the meaning? Who's it meant for? Who's impacted and how?
- Are we refusing to be ahistorical? Are we fully considering history and the impacts of the historical context?

# **Power Analysis**

- What are the power dynamics in this situation? What are the intersecting spheres of oppression at work in this situation?
- What are the cultural norms of white supremacy at work in this situation?
- Who would benefit and who would be harmed by this action/decision?
- Does this interrupt/disrupt or collude with/reinforce oppressive systems/power structures?
- If this is attempting a solution, where are we locating the problem?
- Does the solution/strategy we are proposing change the system or the individual?
- Who are we asking to change and why?

# Relationships

- Who is in the room and who isn't and why? Who is sharing and who is not and why?
- Whose perspective is represented/who is left out? And who is doing the representing? Who do we believe, who do we find credible? Why? Why not?
- Whose experience is being centralized and whose experience is being marginalized?
   Who is gazing and who is being gazed upon?
- Are we boldly leading toward our racial justice aim by building a broad coalition of support?
- Are we operating from a similar/shared understanding of anti-racism work? Do we have a shared anti-racist understanding of where the problem is located and a shared anti-racist theory of change to generate a solution? Have we agreed upon a shared goal?





# CENTRAL HEALTH BOARD OF MANAGERS STRATEGIC PLANNING COMMITTEE

January 17, 2024

#### **AGENDA ITEM 1**

Review and approve the minutes of the November 8, 2023 Strategic Planning Committee meeting. (*Action Item*)

#### MINUTES OF MEETING – NOVEMBER 8, 2023 CENTRAL HEALTH STRATEGIC PLANNING COMMITTEE

On Tuesday, November 8, 2023, a meeting of the Central Health Strategic Planning Committee convened in open session at 1:00 p.m. in person at the Central Health Administrative Offices and remotely by toll-free videoconference. Clerk for the meeting was Briana Yanes.

**Committee members present in person:** Chair Brinson, Manager Jones, Manager Valadez (arrived at 1:03 p.m.).

Committee members present via audio and video: Manager Kitchen

**Board members present via audio and video or in person:** Manager Bell, Manager Martin and Manager Motwani (via video)

#### **PUBLIC COMMUNICATION**

Clerk's Notes: Public Communication began at 1:01 p.m. Briana announced that no speakers signed up for Public Communication.

#### **COMMITTEE AGENDA**

1. Review and approve the minutes of the October 18, 2023 Strategic Planning Committee meeting.

Clerk's Notes: Discussion on this item began at 1:01 p.m.

Manager Bell moved that the Committee approve the minutes of the October 18, 2023 Strategic Planning Committee meeting.

Manager Jones seconded the motion.

Chairperson Brinson For
Manager Jones For
Manager Kitchen For
Manager Valadez Absent
Manager Bell For

2. Receive and discuss an update on the Central Health Community Healthcare Initiative Fund (CHIF).

**Clerk's Notes:** Discussion on this item began at 1:01 p.m. Ms. Megan Cermak, Director of Public Health Strategy, Policy, and Disaster Response, presented an update on the CHIF. The presentation included a reminder of the purpose of the pilot program, an update on the contractor's progress to date, and an update on the evaluation framework for the pilot.

3. Receive and discuss an update on the Unified Branding Initiative for the Central Health Enterprise.

**Clerk's Notes:** Discussion on this item began at 1:48 p.m. Mr. Ted Burton, Chief Communications Officer; Ms. Dixie Kachiros, Belmont Icehouse; Ms. Erica Page, Belmont Icehouse; and Mr. Randall Hula, Think Group presented an update on the unified branding initiative for the Central Health Enterprise. The presentation included an update on the initiative research and the recommendations.

4.	Receive and discuss possible medical care and related support services in collaboration
	with the Sobering Center located in Austin, Texas.

**Clerk's Notes:** Discussion on this item began at 2:42 p.m. Mr. Jonathan Morgan, Chief Operations Officer, and Ms. Monica Crowley, Chief Strategy and Planning Officer & Sr. Counsel, presented on this item. The update included possible opportunities to create more medical care and support services for the safety-net population at the Center site, including timeline estimates given other Health Equity Implementation Plan priorities.

5.	Confirm the next Strate	gic Planning	Committee meeting	a date, tir	ne, and location.

Manager Bell moved that the Committee adjourn.

Manager Jones seconded the motion.

Chairperson Brinson	For
Manager Jones	For
Manager Kitchen	For
Manager Valadez	For

The meeting was adjourned at 2:55 p.m.

	ATTESTED TO BY:
Cynthia Brinson, Chairperson	Cynthia Valadez, Secretary
Central Health Strategic Planning Committee	Central Health Board of Managers



# CENTRAL HEALTH BOARD OF MANAGERS STRATEGIC PLANNING COMMITTEE

**January 17, 2024** 

#### **AGENDA ITEM 2**

Receive and discuss an update on the Black Men's Health Clinic. (Informational Item)

#### **AGENDA ITEM SUBMISSION FORM**

This form is to provide a general overview of the agenda item in advance of posting for the Board meeting. Proposed motion language is a recommendation only and not final until the meeting and may be changed by the Board Manager making the motion. All information in this form is subject to the Public Information Act.

Agenda Item Meeting Date		1/17/2024	
Who will pro	esent the n? (Name, Title)	Dr. Nicholas Yagoda	
General Item Description		Partnership Item	
Is this an informational or action item?		Informational	
Recommended Motion (if needed – action item)		Not applicable	
Key takeawa	ays about agenda	item, and/or feedback sought from the Board of Managers:	
1)	funding for addit Health FY24 Bud	ach to and engagement in care of low-income, persons of color and increasing ional days of service at the BMHC site are priorities identified in the Central get Resolution. CommUnityCare (CUC) is presenting regarding its work with the to the budget resolution.	
2)	CommUnityCare has adopted increasing the number of African American patients as a strategic goal. It began treating patients as a mobile site in July and has added the BMHC site to its HRSA scope of service in October of 2022.		
3)	Over time, utilization of services at BMHC has grown and additional days of service have been		
4)			
5)	Outreach & navig	gation are cornerstones to success.	
What backup will be provided, or will this be a verbal update? (Backup is due one week before the meeting.)  PowerPoint presentation			
Estimated time needed for presentation & questions?		45 minutes, inclusive of discussion	
Is closed ses	ssion ded? (Consult	No	

Form Prepared By/Date Submitted:

Nicholas Yagoda, 1/12/2024



# UPDATE: BLACK MEN'S HEALTH CLINIC JULY 1, 2023 TO DECEMBER 31, 2023 (FY23 Q4 – FY24 Q1)

Nick Yagoda, MD; Chief Medical Officer, CommUnityCare





Implement and advance a patient-centered, population-focused model of care

- Value-based care
- Long-term health goals
- Team model of care



#### COMMUNITY

Achieve recognition as a leader in high-quality community health care

- Communication of CommUnityCare's role
- Board and team to engage in issues
  - Foster partnerships



#### **EQUITY**

Drive increased health equity within our service area and target populations through focused efforts in high need areas

- Social determinants of health
- Interventions to target populations
  - Service gaps



#### **WORKFORCE**

Foster a workplace environment of excellence that integrates equity, diversity, and inclusion

- Retention strategy
- Performance recognition plan
  - New workforce models
- Workforce development program



#### **RESOURCEFULNESS**

Embrace creative and innovative ways to increase health equity

- Care delivery through technology
- Continuous improvement practices
  - Patient access



# PROJECT MILESTONES



Black Men's Health Clinic, 6633 E Highway 290, opens in March



CommUnityCare opens clinical services as a mobile site in June. Central Health Board of Managers allocate \$290,000 to support BMHC outreach.



CommUnityCare hires a provider dedicated to BMHC one day per week. Outreach team begins hosting events.



Central Health Board of Managers allocate \$1M to CommUnityCare to support personnel, community outreach, and patient navigation.

CommUnityCare's Board of Directors recommend addition of BMHC to HRSA scope of service.

Q3 2022 CommUnityCare adds BMHC clinic to its HRSA scope of service, and signs MOU with BHMC non-profit to provide personnel for outreach.

QI 2023 CommUnityCare expands access to care through modified scheduling templates and prepares to expand days of operation.

Q3 2023 BMHC transitions operations from I to 3 days per week. Innovative recruitment identifies multiple provider candidates to anchor a full-time operation.

Q I 2024



### CENTRAL HEALTH-FUNDED ACTIVITIES

- **Expanded operations** yield more visits for our focus population.
- Increased scope of practice now includes mental health
- Outreach impact broadened to now includes:
  - MAP enrollment
  - ECHO coordinated assessment
- Diversified sustainability outside grant funding secured:
  - St. David's Foundation
  - Austin Public Health
  - Austin ECHO
  - Hogg Foundation

- BMHC staffed more than 250 outreach events (demographic and geographic focus):
  - Pop-up street outreach
  - Huston-Tillotson
  - Man in Me
  - Manor ISD
  - Juneteenth events
  - Community sporting events
  - Church events and Goodwill Central Texas.
  - EMS pop-up resource fairs
  - Barber shop events
  - Building A Promise re-entry program (resumes, skills).



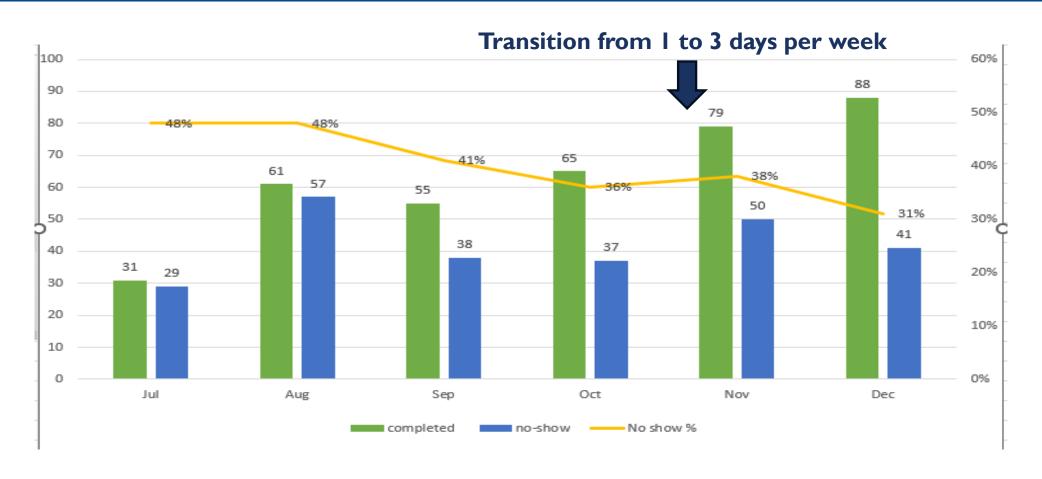
### **CLINICAL PROGRESS**

- Activity in the CUC clinic continued to increase,
   with 379 completed visits in last 6 months.
- A handful of female patients are accessing the clinic. Anecdotally: spouses and partners of male patients. We have scripting to redirect to appropriate medical homes, but we do not turn away patients.
- Primary diagnoses track closely with the health profile of men of color: Hypertension, diabetes and chronic pain.

	Number of Visits
iii Jul 1 − Dec 31, 2023	379
Essential (primary) hypertension( ICD-10-CM: I10 )	79
Encounter for general adult medical examination without abn	. 47
Persons encountering health services in other specified circu	. 25
Type 2 diabetes mellitus wout complications(HHS)( ICD-10-C	. 16
Other chronic pain( ICD-10-CM: G89.29 )	14
Type 2 diabetes mellitus with other specified complication( I	10
Elevated blood-pressure reading, without diagnosis of hypert	8
Palpitations( ICD-10-CM: R00.2 )	7
Pain in right knee( ICD-10-CM: M25.561 )	6
Gastro-esophageal reflux disease without esophagitis( ICD-1	5
None of the above	168

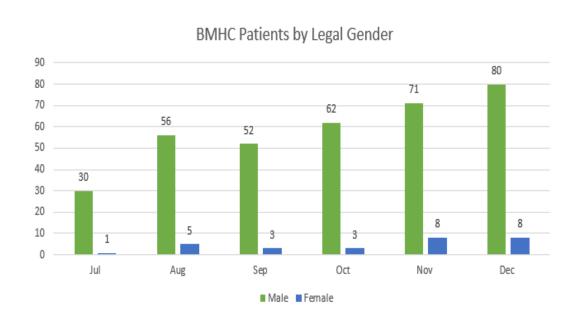


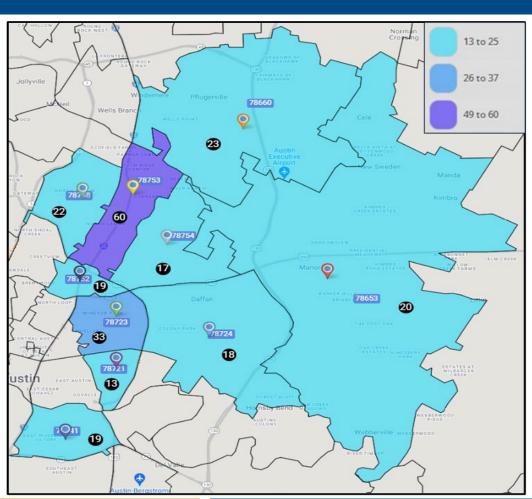
## IMPROVING NO SHOW RATE - STILL HIGH





# MAJORITY OF BMHC PATIENTS ARE MALE & FROM EAST OF I-35

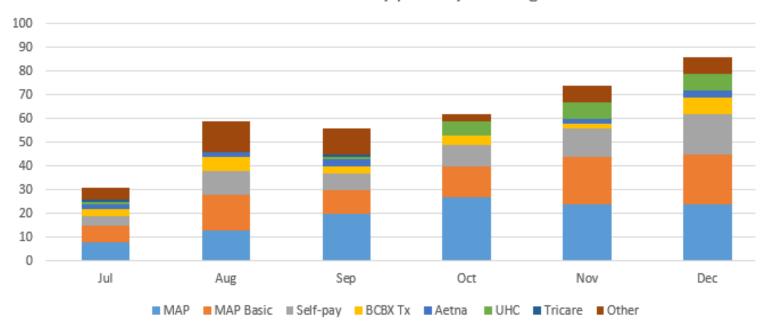






# MAJORITY OF BMHC PATIENTS ARE UNINSURED\*

#### BMHC Patients by primary Coverage



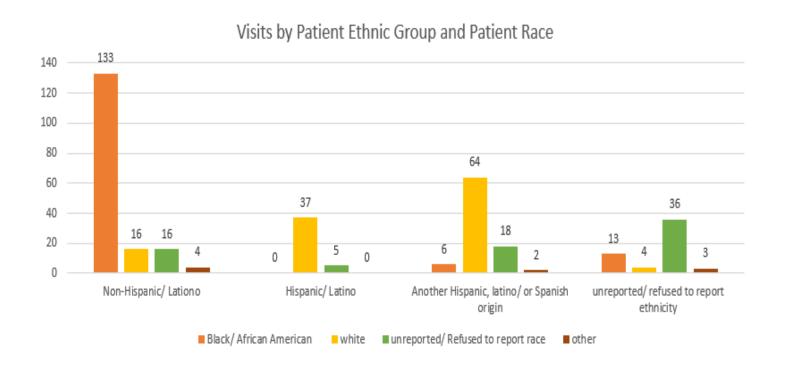
#### **Primary Payer**

- MAP/MAP Basic patients make up the largest and fastest growing proportion of patients.
- Self-pay is second depending on the month.



### MEN OF COLOR

- The clinic is primarily accessed by black/African American men, but a sizeable Hispanic and Latino population is also utilizing the clinic.
- Despite the name of the clinic referencing the key focus group, all men of color face health disparities, and thus are welcome.





### BMHC: A THREE-FOLD CARE MODEL

 Dedicated "Brick-And-Mortar" Clinic: an inclusive, culturally-aligned environment housing a full scope, patient-centered medical home.



 Robust Outreach & Navigation Operation: build the trust, knowledge base, and partnerships to deliver most effectively on the promise of equitable health outcomes.



Team-Based Care: following the successes of CommUnityCare's general primary care model, we support patient care with an integrated team, available in person or virtually, inclusive of clinical pharmacy, behavior health, clinical nutrition, case management, community health workers, and more.





# **OBJECTIVES FOR 2024**

- Provider Recruitment: ideally a black male physician or advance practice provider.
- Facilities: updated to meet Joint Commission requirements.
- Access Expansion: in 11/2023, we transitioned from 1 day per week to 3 days per week (8am-5pm); as we build engagement with the community, further expansion of days and/or hours is contemplated.

- Outreach: building trust and awareness. Focus demographics and geography. Word of mouth activated.
- **Engagement & Navigation:** accompaniment through a complex health system, including bias and structural barriers.
- Patient Experience: micro-surveys.
   Community-inform healthcare practice.



# **QUESTIONS?**



# CENTRAL HEALTH BOARD OF MANAGERS STRATEGIC PLANNING COMMITTEE

January 17, 2024

#### **AGENDA ITEM 3**

Receive a 2023 year-end update on Central Health communications. (Informational Item)

#### **AGENDA ITEM SUBMISSION FORM**

This form is to provide a general overview of the agenda item in advance of posting for the Board meeting. Proposed motion language is a recommendation only and not final until the meeting and may be changed by the Board Manager making the motion. All information in this form is subject to the Public Information Act.

Agenda Item Meeting Date	January 17, 2024
Who will present the agenda item? (Name, Title)	Ted Burton, Chief Communications Officer; Iván Dávila, Sr. Director or Marketing and Communications; Mike Clark-Madison, PR Manager; Anastassia Sims, Content Manager
General Item Description	Receive a year-end update on 2023 Central Health communications efforts including earned media, social media, and advertising.
Is this an informational or action item?	Informational
Fiscal Impact	None
Recommended Motion (if needed – action item)	None
Key takeaways about agenda	item, and/or feedback sought from the Board of Managers:
and actions to s	tice methods, Central Health's Communications Department developed tactics upport the work fulfilling Central Health's strategic priorities. In 2023, Central ed to build its strategic marketing capabilities to deepen the impact of all s initiatives.
The Communica previous year.	ation's Team tripled the number of media mentions (1,510) compared from the
	edia (advertising), the Communications Team increased clicks by 55%, landing by 46% from the previous year.
Through social r	media, the Communications Team increased engagement by 17% and link clicks e previous year.
What backup will be provided, or will this be a verbal update? (Backup is due one week before the meeting.)  Estimated time needed for presentation & questions?	A PowerPoint  20 minutes
	No



Is closed session recommended? (Consult with attorneys.)	
Form Prepared By/Date Submitted:	Ted Burton, Jan. 10, 2024

# COMMUNICATIONS REPORT: FY 2023

Ted Burton, Chief Communications Officer
Iván Dávila, Sr. Director of Marketing and Communications
Mike Clark-Madison, Public Relations Manager
Anastassia Sims, Content Manager



HEALTHCARE IS
GETTING BETTER



# The #DreamTeam: Communications, Community Engagement, Community Outreach



Ted Burton



Aida Cerda-Prazak



Mike Clark-Madison



Iván Dávila



Edwin Ev ans



Blanca Gonzalez



Isela Guerra



Mike McKinnon



Anastassia Mitchell



Christian Nelson



Yesenia Ramos



Camilla Rodriguez



# **EXECUTIVE SUMMARY**



HEALTHCARE IS GETTING BETTER

#### **EARNED MEDIA: FY 2023 REPORT**

#### FY 2022

Total Mentions
558
Impressions
1.4B
AVE(USD)
33.8M

#### FY 2023

Total Mentions
1,510
Impressions
1.7B
AVE(USD)
43.0M

+171% over FY 22

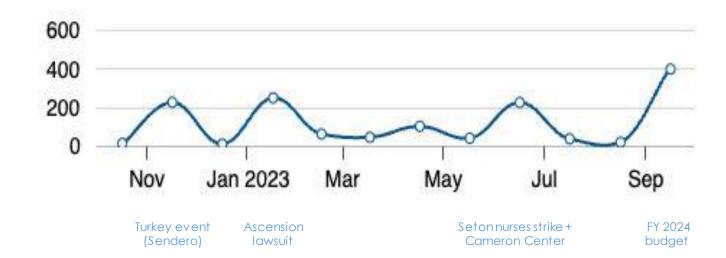
+21% over FY 22

+27% over FY 22

#### **Volume Trend**

2022/10/01 - 2023/09/30

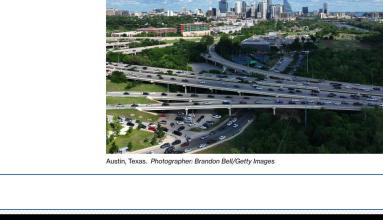
Central Health



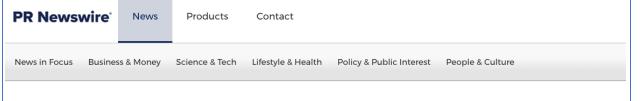


HEALTHCARE IS GETTING BETTER

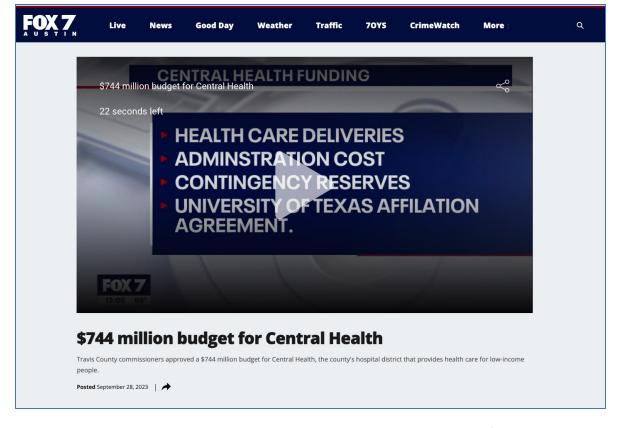








Sendero Health Plans y sus socios comunitarios llevan la alegría festiva de Acción de Gracias a los residentes del área de Austin USA-español -

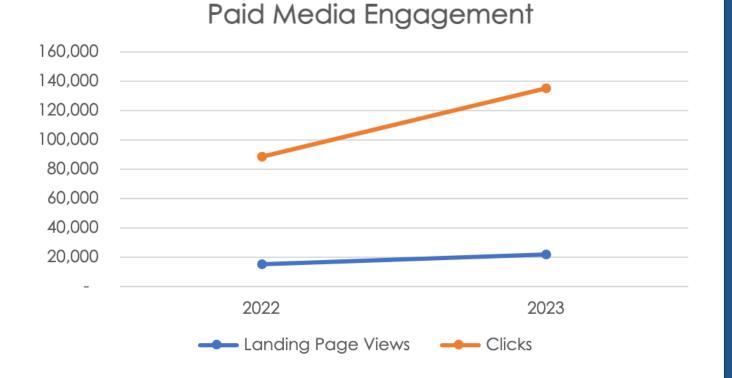




#### PAID MEDIA: CONNECTING PEOPLE TO CARE, COVERAGE AND THE WORK OF CENTRAL HEALTH

#### • FY 2023 Budget: \$749,000

- Improvement on KPIs (FY 2023):
  - o 55% increase in clicks
  - 46% increase in landing page views
- FY 2024 Budget: \$817,000





#### PAID MEDIA CONNECTING PEOPLE TO CARE, COVERAGE AND THE WORK OF CENTRAL HEALTH









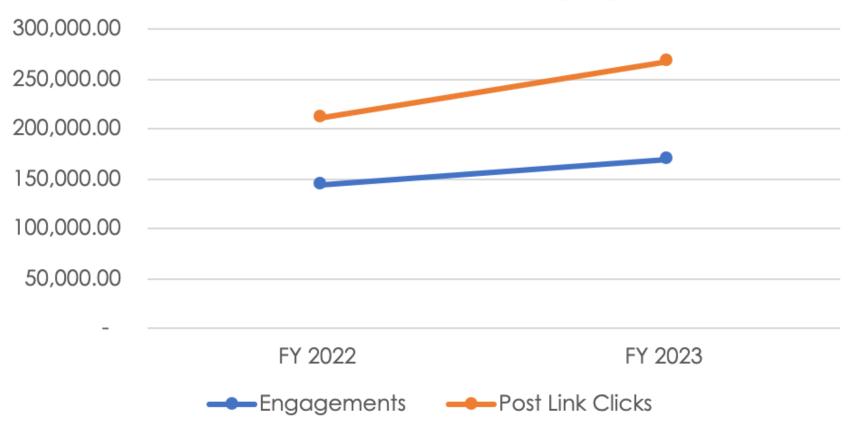






#### **SOCIAL MEDIA: FY 2023 REPORT**

### Organic Social Media Engagement





#### **SOCIAL MEDIA: FY 2023 REPORT**







#### **Connect with us**











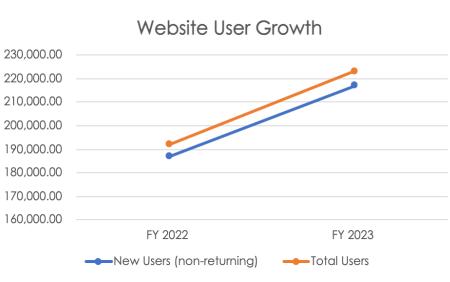


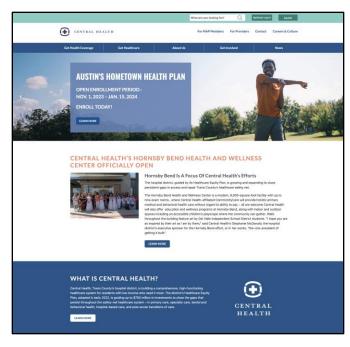




#### **WEBSITE: FY 2023 REPORT**







2022 Homepage

2023 Homepage

- In the summer we launched an updated website that featured more user/patient-focused navigation and content as well as a more streamlined mobile version, as more than 60% of all users are on a mobile device.
- Most popular page: Centralhealth.net/MAP (605,710 views from 89,452 users)
- Second most popular: CentralHealth.net (291,539 views from 52,601 users)
- Third most popular: CentralHealth.net/es/MAP (160,136 views from 25,953 users)



# STRATEGIC IMPERATIVE: ACCESS & CAPACITY

#### Market Strategy Supported:

Continued site expansions with new health centers in Hornsby Bend, Del Valle, and Colony Park, as well as specialty care service expansions both contracted and direct, including the multispecialty clinic at Rosewood-Zaragosa, and enhanced behavioral health and substance use treatment with methadone services.



#### SUPPORT: CENTRAL HEALTH HORNSBY BEND AND DEL VALLE HEALTH & WELLNESS CENTERS

#### **Hornsby Bend**

#### Objectives:

- 1. Keep Trav is County taxpayers and stakeholders informed and excited about the progress of the center leading up to its grand opening
- 2. Increase awareness of the new Hornsby Bend Health & Wellness Center among MAP members and CommUnityCare patients.

**Approach:** a multimedia campaign, including regular community updates and community events

Geo-Target: Hornsby Bend

Dates: Aug. 21, 2023 – Sept. 30, 2023

2 million impressions 1,541 landing page views

#### **Del Valle**

**Objective:** Keep Trav is County taxpayers and stakeholders informed and excited about the progress of the center leading up to its grand opening









#### SUPPORT: CENTRAL HEALTH EAST AUSTIN SPECIALTY CLINIC

Objective: Support Clinical Operations Team on the creation of signage and materials leading up to the opening of the clinic.









**EYE WASH STATION** 

PLEASE USE COLD WATER









#### SUPPORT: ENHANCED BEHAVIORAL HEALTH & SUBSTANCE USE TREATMENT

Objective: Collaborate with Travis County, Integral Care, and other safety-net healthcare organizations to raise awareness of the opioid crisis and prevent deaths caused by opioid













# STRATEGIC IMPERATIVE: CARE COORDINATION

#### Market Strategies Supported:

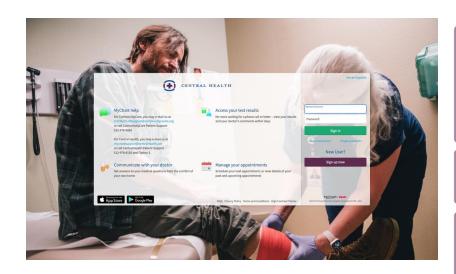
- Continued implementation of the Epic electronic health record for Central Health
- Continued expansion of the transitions of care program within Central Health's practice
  of medicine



#### CREATIVE SERVICES SUPPORT FOR EPIC & TRANSITIONS OF CARE PROGRAM

#### **Objectives:**

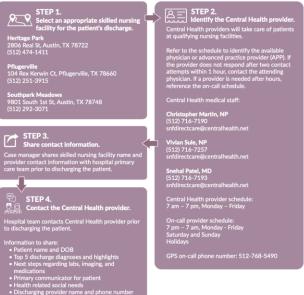
- 1. Support the Clinical Operations Team on the implementation of the Epic electronic health record system.
- 2. Support the Clinical Operations Team on enhancing communication to facilitate improved transitions of care for MAP members.



#### **LET'S WORK TOGETHER**

Central Health is now serving its patients in skilled nursing facilities across Travis County through the Skilled Nursing Facility (SNF) Direct Care Program.

As you are working on discharging a Medical Access Program (MAP) patient to skilled nursing, follow this guide to ensure a seamless transition of care. All MAP patients are eligible to participate.





CENTRAL HEALTH

# STRATEGIC IMPERATIVE: MEMBER ENGAGEMENT

#### Market Strategies Supported:

- Continued implementation of the MyChart patient portal
- In collaboration with CommUnityCare, highlight their work with the Black Men's Clinic
- Enhanced engagement in high-need planning and assessment regions



#### SUPPORT FOR ENHANCED MEMBER ENGAGEMENT: MAP & MAP BASIC AWARENESS

**Objective**: Increase awareness of MAP and MAP Basic among Travis County residents living at or below 200% FPL

Approach: a multimedia campaign

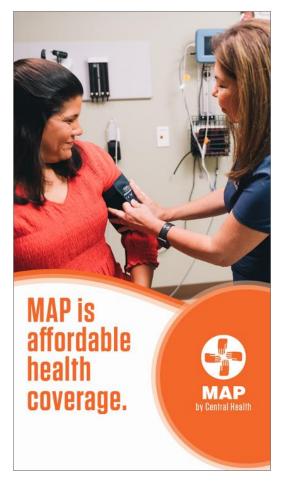
**Geo-Target:** ZIP codes with lower-thanexpected enrollment per Central Health's 2022 Demographic Report

**Dates:** July 10, 2023 – Sept. 24, 2023

4.9 million impressions

6,651 landing page views





#### SUPPORT FOR ENHANCED MEMBER ENGAGEMENT: ACA OPEN ENROLLMENT

Objective: Raise awareness of open enrollment, focusing on individuals who are a good fit for health coverage through the Health Insurance Marketplace

**Approach:** a multimedia campaign

**Geo-Target:** Hyper-focused on top 20 ZIP codes where 90% of MAP members reside

**Dates:** Nov. 14, 2022 – Jan. 13, 2023

6.1 million impressions 1,672 landing page views





## STRATEGIC IMPERATIVE: SYSTEM OF CARE INFRASTRUCTURE

#### Market Strategies Supported:

- Completion of the development and adoption of service delivery operational implementation and financial sustainability plans, alignment, and accountability (Healthcare Equity Implementation Plan)
- Continued development of direct clinical practice infrastructure



#### SUPPORT: CONTINUED DEVELOPMENT OF DIRECT CLINICAL PRACTICE

**Objective**: Raise awareness of Central Health as an employer of choice

Approach: a multimedia campaign leveraging the message "It's more than a job. It's a passion"





centralhealth.net | @CentralHealthTX





- Employee Assistance Program
- ⊕0 a 80 a 80 a
- Paid Time OffWellness Days
- Back-up Adult &
   Childcare Program
   Fitness Program
- Career Advancement
   Retirement Plans
  - ent CARE
- Competitive Compensation Package
- Employee Rewards
   Recognition Program





SCAN QR CODE TO VIEW ALL JOB
OPENINGS & START YOUR APPLICATION

centralhealth.net | @CentralHealthTX





#### SUPPORT: CENTRAL HEALTH AWARENESS AND HEALTHCARE EQUITY IMPLEMENTATION PLAN

#### Objectives:

- Raise awareness about the value Central Health brings to Travis County through its Healthcare Equity Implementation Plan
- Connect people with low income to care and coverage

**Approach:** an organic social and paid media campaign and a Community Conversation – leveraging the message "healthcare is getting better"

- 1.9 million impressions
- 21,955 clicks
- 80 people attended the Community Conversation
- As of Aug. 31, the Facebook Live recording had 394 views











# FY 2023 BUDGET PRIORITY: FOCUSED OPERATIONAL IMPROVEMENTS

#### **Market Strategies Supported:**

- Evaluation and implementation of CLAS (Culturally and linguistically appropriate services)
   standards
- Expansion of joint technology, including additional technology and security systems.
- Development and implementation of HUB policy recommendations, including a HUB program
- Continue strengthening communications to inform the community of Central Health's work and the value it brings to the people of Travis County, as well as to connect people with low income to care and coverage



#### SUPPORT: EVALUATION AND IMPLEMENTATION OF CLAS STANDARDS

#### Objective:

Assess Central Health's language access capabilities.

**Approach:** leveraging a contracted national expert on health equity and language access matters and a multidisciplinary, interdepartmental group, Communications staff guided and supported this work by gathering information from internal and external resources.

**Results to-date**: our Clinical Operations Team has broadened the scope of our language access vendor and is hiring clinical interpreters; Compliance is developing policies and procedures following recommendations from the assessment.









#### SUPPORT: PROCUREMENT HUB PROGRAM

**Objective**: Increase awareness of Central Health's Historically Underutilized Business (HUB) Program.

**Approach:** targeted email campaigns supporting contractor walk-throughs for multiple projects and the development of marketing materials.



Visit us online at centralhealth.net, and follow us on social media @CentralHealthTX.









COLOR EXPLORATION: LEGACY BLUE + BRIGHT BLUE





## CONTINUE STRENGTHENING COMMUNICATIONS: BRANDING









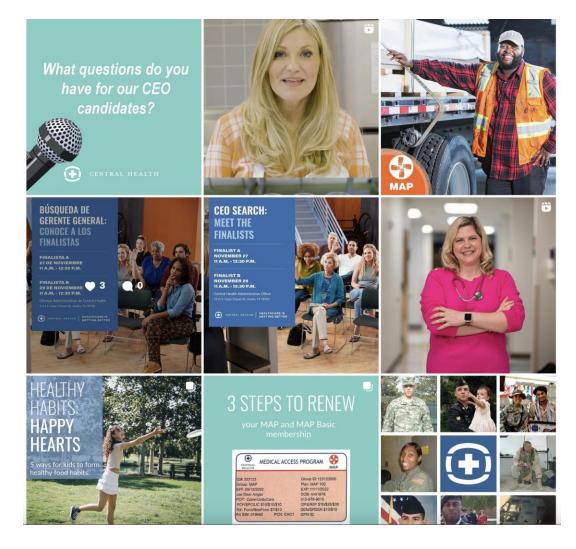




#### CONTINUE STRENGTHENING COMMUNICATIONS: CENTRAL HEALTH AWARENESS









## QUESTIONS?



#### CONTINUE STRENGTHENING COMMUNICATIONS: FY 2024 BUDGET DEVELOPMENT PROCESS

















#### CONTINUE STRENGTHENING COMMUNICATIONS: COMMUNITY HEALTH CHAMPIONS







#### SUPPORT: JOINT TECH CYBER SECURITY



October 18, 2023

#### IS YOUR PASSWORD GAME WEAK?

Cyber Security Awareness Month Special Edition

If you're still using "qwerty" or "1234" as a password, your password game is weak and you should start using a password manager.



What is a password manager? It is a secure vault that helps create and store usernames and passwords for your various accounts.

Here at work, we have <u>Keeper</u> to assist us in collecting and storing our usernames and passwords for all our accounts. By now you should have a Keeper account set up and received training on how to use it.

If you still haven't had a chance to set up or learn to use Keeper, or have issues with it, you can contact user Support at 512-978-8457 or head over to the ServiceNow User Portal.

There are also great Keeper resources on the <u>Cyber Security Team's Sharepoint site</u>.

You are at least covered at work, but what about your personal life? Are you using a password manager there? If not, why not?

Several free and paid services are available for password managers, and you should be utilizing one.

Here are a few free versions recommendations:

- <u>Bitwarden</u> is an excellent free password manager and works on mobile devices.
- Nordpass and Norton Password Manager are also good choices.

Free versions may not offer you enough, here are a few password managers with subscriptions:

- Dashlane
- 1Password
- Nordpass Premium

Looking for more ways to improve your cybersecurity?

Make the Central Health Enterprise Intranet your first stop for news and tips, and be sure to bookmark the Intranet for easy, future reference.

VISIT NOV



### THE ENTERPRISE CYBERSECURITY TEAM WANTS TO REMIND EVERYONE OF THE WAYS TO INCREASE YOUR CYBERSECURITY HYGIENE AT WORK AND HOME.



#### Turn on Two-Factor Authentication.

By taking an extra step to confirm your identity you are making your accounts safer from hackers. Keeper is our secure password manager that creates and stores usernames and passwords for your accounts.

Use The Keeper

Password Manager.

Questions or problems with Keeper? Call User Support at 978-8457 or use the ServiceNow User Portal.



#### Don't Get Phished.

Always report suspected phishing emails; do not just let them sit in your inbox.

We can only protect the Enterprise with your help.



#### Update Software Regularly.

Run your Microsoft Auto updater whenever you receive an alert.

Be sure to keep your web browsers up to date, including on your phones.

Don't know how? Call User Support at 978-8457.

Learn More at centralhealthtx.sharepoint.com/sites/CH-EnterpriseCyberSecurity



- Email #1: Online Personal Hygiene
  - Total Recipients: 2,240
  - Opens: 493
  - Total Clicks: 89
- Email #2: Weak Password
  - Total Recipients: 2,221
  - Opens: 453
  - Total Clicks: 208
- Email #3: Take Cybercare of your Devices
  - Total # of Recipients: 2,411
  - Opens: 569
  - Total Clicks: 60



#### SUPPORT: CENTRAL HEALTH DEL VALLE HEALTH & WELLNESS CENTER



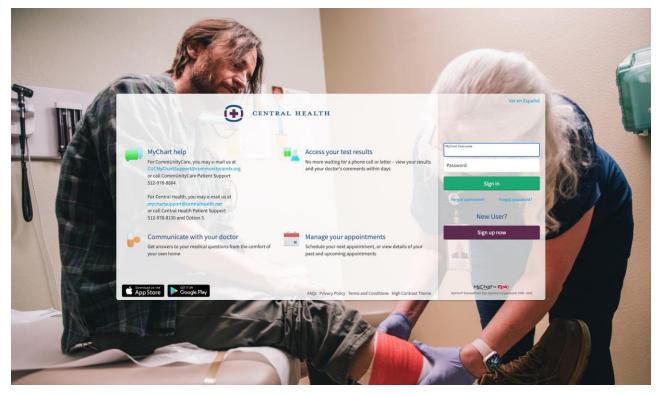








#### SUPPORT FOR MYCHART AND THE BLACK MEN'S CLINIC

























MyChart Favicon Logo.png

MyChart Happy Together MyChart Login Logo.png MyChart Logo\_white.svg MyChart Logo.svg

Logo.png

MyChart Lucy Logo.png MyChart Mobile Home

 $\oplus$ 

MyChart Mobile Page Logo.png Organizatio...ne Book.png





## FY 2023 COMMUNITY ENGAGEMENT REPORT

Strategic Planning Committee Meeting

September 6, 2023

centralhealth.net/get-involved





### COMMUNITY ENGAGEMENT GOALS

- 1. Educate members and the public about Central Health's functions, how it pays for medical services, the Healthcare Equity Plan, and its budget priorities for FY 2024.
- 2. Gather community input on strategic initiatives of interest to the public and the proposed budget.



HEALTHCARE IS

## COMMUNITY ENGAGEMENT TACTICS











### **PROJECTS**



HEALTHCARE IS GETTING BETTER

## Healthcare Equity Implementation Plan

- Patient Experience Survey
- Community Conversation

## Hornsby Bend Health & Wellness Center

 Intercept Interviews and Online Survey

#### Del Valle Health & Wellness Center

 Intercept Interviews and Online Survey

#### **Language Access Assessment**

- Focus Groups
- Interviews



### **PROJECTS**

#### CENTRAL HEALTH GETTING

## 2022 Demographic Report:

Community Conversation

#### FY 2024 Budget

- Community Health Champions Workshop
- Community Conversations
- Listening Sessions
- Public Hearing

#### **CEO Search**

- Phone and Online Survey
- Community Engagement



## MARKETING & OUTREACH TACTICS









Newsletter/Email Invitations

Social Media

Community Outreach Paid Advertising







Phone Calls

Media Relations

Weekly Emails



### SAMPLE ADS, FLYER, POSTER



HEALTHCARE IS
GETTING BETTER



THURSDAY, AUGUST 17, 2023

8401 Cameron Rd. Austin, TX 78754

TUESDAY, AUGUST 22, 2023

5:30 - 7:30 p.m. Asian American Resource Center

5:30 - 7:30 p.m.

10 a.m. - noon

Pflugerville Community Center 15822 Foothill Farms Loop, Pflugerville, TX, 78660

MONDAY, AUGUST 28, 2023

Southeast Health & Wellness Center and via Facebook Live 2901 Montopolis Dr. Austin, TX 78741

CENTRAL HEALTH | HEALTHCARE IS GETTING BETTER













### SAMPLE ADS, FLYER, POSTER

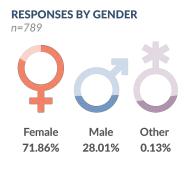






## **PARTICIPANT BREAKDOWN**

1014 **PARTICIPANTS** 





n=699





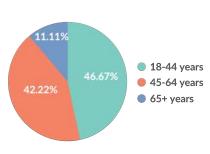




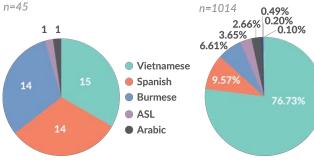




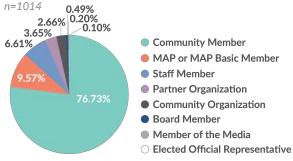




#### **INTERPRETATION SERVICES**



#### **AFFILIATION**



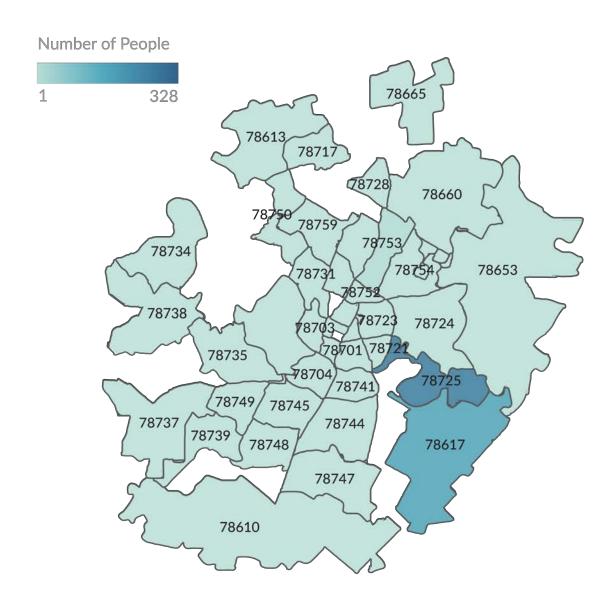


**GETTING BETTER** 

## PARTICIPATION BY ZIP CODE

n=606





### The #DreamTeam: Communications & Community Engagement



Ted Burton



Aida Cerda-Prazak



Mike Clark-Madison



Iván Dávila



Edwin Evans



Blanca Gonzalez



Isela Guerra



Mike McKinnon



Anastassia Mitchell



Christian Nelson



Yesenia Ramos



Camilla Rodriguez



## Thank you



## COMMUNICATIONS UPDATE: MEMBER ENGAGEMENT & ACCESS AND CAPACITY

Ted Burton, Chief Communications Officer
Iván Dávila, Sr. Director of Marketing and Communications
Isela Guerra, Community Outreach Manager
Elizabeth Marrero, Sr. Director of Community Health & Wellness Initiatives

August 9, 2023

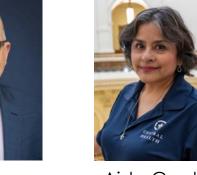




### The #DreamTeam: Communications & Community Engagement



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Mike McKinnon



Anastassia Mitchell



Christian Nelson



Yesenia Ramos



Camilla Rodriguez



### **Community Health & Wellness Initiatives Team**



Jesus Chavez



Monica De La Cruz



Leonor Do minguez



Olga Grimaldo



Sonia Reyes



Monica Rodriguez



Elizabeth Marrero



## STRATEGIC IMPERATIVE: MEMBER ENGAGEMENT

Enhancing engagement for enrollees and expanding enrollment in high-need regions with a particular focus on hard-to-reach populations, including people experiencing homelessness, people with Limited English Proficiency, and justice-involved individuals



### OUR OUTREACH TEAM IN ACTION





### COMMUNITY OUTREACH

**OBJECTIVE**: Connect hard-to-reach populations in Travis County to care through MAP and MAP Basic.





## OUR PRIORITY POPULATIONS



HEALTHCARE IS

Unhoused individuals

People with limited English language proficiency (LEP)

Justiceinvolved individuals MAP-eligible families in areas with lower-than-expected enrollment

## COMMUNITY OUTREACH TACTICS & ACTIONS



HEALTHCARE IS
GETTING BETTER

### Lead generation

- a high-level screening for MAP and collecting contact information to connect people to enrollment and other resources
- Employed for all but unhoused individuals

### Application assistance

- Completing a Point of Service application and submitting it to the eligibility department for enrollment
- Only for unhoused individuals

### **Partnerships**

- Maximize relationships with agencies serving similar populations for referrals and/or application assistance using the authorization form
- Applies to all populations we focus on

### Market Research

- Engaging MAP members and nonmembers for feedback
- Over the phone and intercept interviews



### 3 Full-time Outreach Staff

Outreach Manager
2 Community
Outreach Specialists





**Outreach support** 

Community Coalition for Health (C2H)



HEALTHCARE IS
GETTING BETTER



### **Communications Team**

Media/Marketing Campaigns – social, earned, paid

## IN THE COMMUNITY

APPLICATION ASSISTANCE





- Strategic Imperative:
   Member engagement and enrollment
- Focus: People experiencing homelessness
- Tactic: Application assistance, partnership with Mission Accomplished and others
- Action: Bi-monthly visits to laundry site for those unhoused to submit a MAP application for those who qualify.

## IN THE COMMUNITY

**LEAD GENERATION** 





- Strategic Imperative: Member engagement and enrollment
- Focus: MAP-eligible families in areas with less than expected enrollment (SE Austin)
- Tactic: Lead generation
- Action: Meeting members where they live, work, shop (e.g., JD's supermarket)

### OUTREACH SUMMARY

### October – July 2023



HEALTHCARE IS
GETTING BETTER

### Leads

#### • 11 42

- 249 events and activities11,623 people reached
- 596 leads

### Application Assistance

- 78 POS applications at 4 partner locations
  - Mission Accomplished
  - Austin Public Library
  - Central Presbyterian Church
  - Texas Harm Reduction

### Partnerships

- Austin Voices for Youth and Education\*
- AISD Parent Support Specialists
- On Point Reentry
- Austin Public Health
- Asian Family Support Services Austin

### Market Research

- Language access
- User experience (healthcare services)
- Awareness and message testing
- CEO search

### MARKETING

OBJECTIVE: Increase awareness of MAP and MAP Basic among Travis County residents living at or below 200% FPL.





### AREAS WITH LOWER-THAN-EXPECTED ENROLLMENT

### EAST CENTRAL AUSTIN

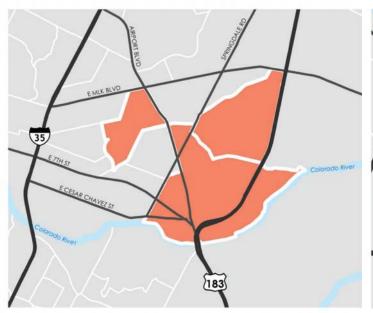
POPULATION: 14,418

### SOUTHEAST AUSTIN

POPULATION: 16,342

### FOCUS AREAS

Source: Central Health's 2022 Demographic Report



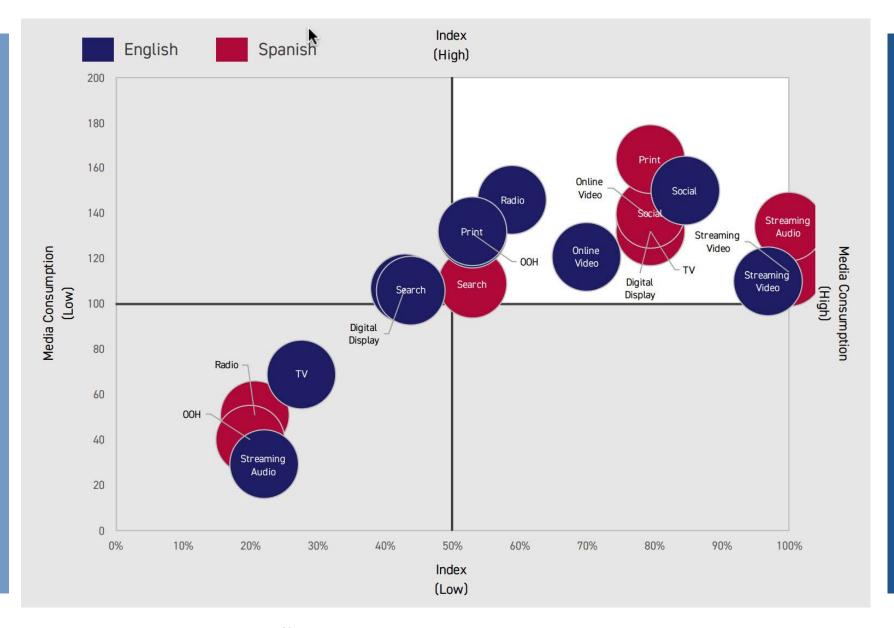


ZIP CODES
78702
78721
78722
78723
78724
78725
78741
78742



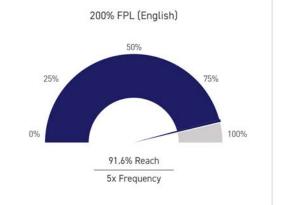
## MEDIA USAGE: FOCUS AUDIENCES

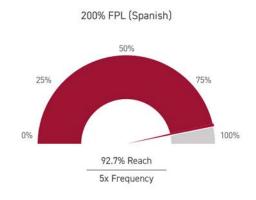




## MEDIA TACTICS & TIMELINE

· · · · · · · · · · · · · · · · · · ·			26			
Language	26 3 10 17 24	31 7 14 21	28 4 11 18			
English (50%)		7.10.23 - 9.24.23				
Spanish (50%)		7.10.23 - 9.24.2	3			
English (50%)		7.17.23 - 9.24	4.23			
Spanish (50%)		7.17.23 - 9.24	4.23			
V						
English (100%)		7 17 23 - 9 2	4 23			
Liighsii (100%)		7.17.20 7.2	1.20			
Spanish (100%)		7.17.23 - 9.24	4.23			
	Spanish (50%) English (50%) Spanish (50%) English (100%)	Spanish (50%)  English (50%)  Spanish (50%)  English (100%)	Spanish (50%)  English (50%)  7.10.23 - 9.24.2  English (50%)  7.17.23 - 9.24  English (100%)  7.17.23 - 9.24			

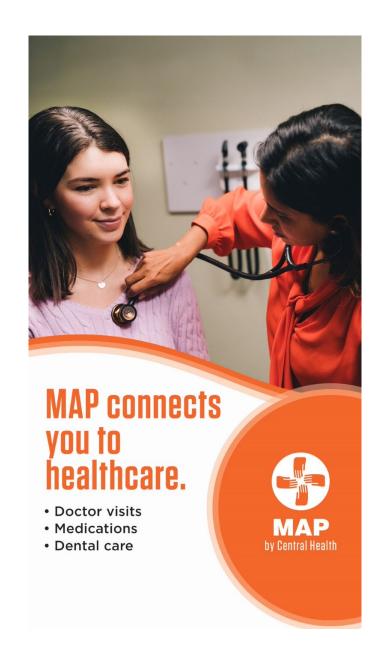






## **CREATIVE SAMPLE**







## **CREATIVE SAMPLE**







## STRATEGIC IMPERATIVE: ACCESS AND CAPACITY

Supporting the opening and success of the Hornsby Bend Health & Wellness Center



## CLINIC PROMOTION



HEALTHCARE IS GETTING BETTER

#### Community Engagement & Outreach

- Community Events
  - Access event
  - Back-to-school event
  - Grand opening events
- Outreach Collaborations
  - · Del Valle ISD
  - Del Valle Community Coalition
- Door-to-door Outreach
- Community meetings (e.g., Advisory Committee)

### Marketing

- Paid Advertising
- Digital Communications: Website and Social Media
- Creative Services Support for Outreach
- Media Relations

## COMMUNITY HEALTH & WELLNESS INITIATIVES: OUTREACH

OBJECTIVE: Connect residents to care at the Hornsby Bend Health & Wellness Center prior to its opening in the Fall of 2023.





## COMMUNITY OUTREACH



HEALTHCARE IS
GETTING BETTER

#### July 29 Hornsby Bend Access Event

- 21 families served
- 24 well-child exams scheduled
- 16 new adult patient appts.
- 7 completed eligibility applications

#### August 5 Hornsby Bend Back-to-School Drive-Thru

- 200 families served
- 541 backpacks with school supplies and hygiene kits distributed

### August 5 Del Valle ISD Back-to-School Bash

- Distributed information about the new Hornsby Bend Health & Wellness Center
- Shared information about MAP & MAP Basic







### MARKETING

OBJECTIVE: Increase awareness of the new Hornsby Bend Health & Wellness Center among residents living near the center.





### FOCUS AREA

SOURCE: CENTRAL HEALTH'S 2020 DEMOGRAPHIC REPORT



HEALTHCARE IS
GETTING BETTER

### Hornsby Bend

Population: 12,737

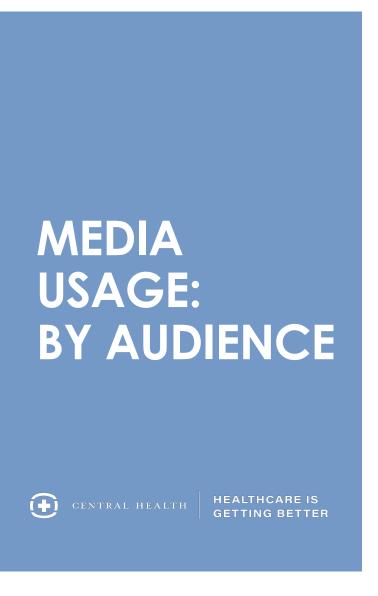


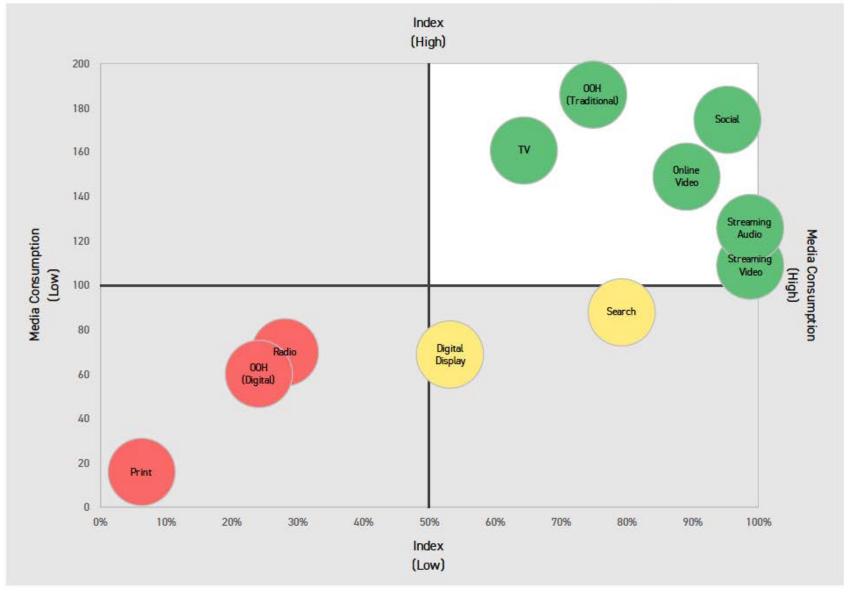
### **ZIP CODES**

78724

78725

### 200% FPL in Hornsby Bend - skewing Black Americans & Spanish speakers

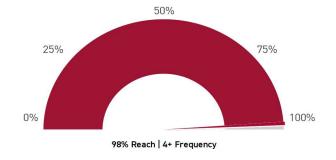




## ADVERTISING TACTICS & TIMELINE

Targeting Adults 18+ living in Hornsby Bend (78724 and 78725)		August			August Septe				epte	ember		
Media	Flight Dates	31	7	14	21	28	4	11	18			
Streaming Video :30 video   Pre-, mid-, & post-roll; streaming live & premium VOD content	8.28.23 - 9.30.23											
Online Video YouTube   :06 Bumper & :15 Skippable In-stream	8.28.23 - 9.30.23								i			
Streaming Audio 1,000+ pureplay streaming services, streamed terrestrials, and podcasts	8.14.23 - 9.30.23											
Paid Social Facebook / Instagram	8.14.23 - 9.30.23											
OOH (Traditional) Traditional   Door Hangers (9,179 homes)	8.28.23 - 9.30.23											





# ONLINE, MOBILE, & OUT-OFHOME ADVERTISING

















## PROMOTIONAL FLYER/POSTER







## GRANDING OPENING FLYER/POSTER







### QUESTIONS?





### CENTRAL HEALTH BOARD OF MANAGERS STRATEGIC PLANNING COMMITTEE

January 17, 2024

#### **AGENDA ITEM 4**

Receive an update on the Central Health Latino Family Support Conference. (Informational Item)

#### **AGENDA ITEM SUBMISSION FORM**

This form is to provide a general overview of the agenda item in advance of posting for the Board meeting. Proposed motion language is a recommendation only and not final until the meeting and may be changed by the Board Manager making the motion. All information in this form is subject to the Public Information Act.

Agenda Item Meeting Date	January 17, 2024			
Who will present the agenda item? (Name, Title)	Ted Burton, Chief Communications Officer; Iván Dávila, Sr. Director or Marketing and Communications; Yesenia Ramos, Community Engagement Supervisor			
General Item Description	Receive an update on the Central Health Latino Family Support Conference.			
Is this an informational or action item?	Informational			
Fiscal Impact	NTE \$125,000 (approved as part of FY24 Budget)			
Recommended Motion (if needed – action item) None				
Key takeaways about agenda	item, and/or feedback sought from the Board of Managers:			
and other non-E healthcare dispa	ne Central Health Board directed staff to plan an event serving bilingual Latino nglish-speaking Travis County residents, focusing on mental health needs and arities, and modeled after a similar event for African American families that's stin for more than two decades.			
Latinos and peo chronic conditio	ly Support Conference aims to address the unique health challenges faced by ple of color living at our below 200% of the Federal Poverty Level, destigmatizing ns such as mental health, and provide them with valuable information, upport to manage and prevent mental health disorders and other chronic health			
3) Staff will provide	e recommendations regarding format, interactive workshops, content and more.			
What backup will be provided, or will this be a verbal update? (Backup is due one week before the meeting.)	A PowerPoint			
Estimated time needed for presentation & questions?				
·	20 minutes			
Is closed session recommended? (Consult				
with attorneys.)	No			

Form Prepared By/Date Submitted:

Ted Burton, Jan. 10, 2024

## CENTRAL TEXAS LATINO FAMILY SUPPORT CONFERENCE

Ted Burton, Chief Communications Officer
Iván Dávila, Sr. Director of Marketing and Communications
Yesenia Ramos, Community Engagement Supervisor





## **BACKGROUND**



In September 2023, the Central Health Board of Managers adopted an amendment to the FY 2024 budget spending plan to include \$125,000 to plan a "Latino Family Support Conference."

The Board defined this conference as an event serving bilingual Latino and other non-English-speaking Travis County residents, focusing on mental health needs and healthcare disparities, and modeled after a similar event for African American families that's been held in Austin for more than two decades.

## **ETHNICITY**

- In areas of low income in Travis
   County, the Hispanic/Latino
   population is the dominant
   ethnicity, representing 60.2 percent
   in high and moderate-poverty
   census tracts.\*
- Comparatively, 34.2 percent of Travis County's overall population is Latino as of 2022.\*

COMBINED FOCUS AREAS



TRAVIS COUNTY



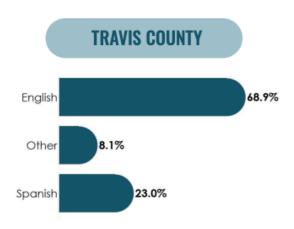
\*Source: Central Health 2022 Demographic Report (pg. 30)



## LANGUAGE

- In areas of high and moderate levels of poverty, English and Spanish are the primary language of almost equal percentages of residents (47.1 percent and 46.4 percent, respectively).\*
- Comparatively, across all of Travis
   County, English is the predominantly
   spoken language (68.9 percent).\*
- The most widely spoken language other than English or Spanish in high- and moderate-poverty areas in 2022 was Vietnamese (1.5 percent).\*





\*Source: Central Health 2022 Demographic Report (pg. 31)



# EVENT CONCEPT RECOMMENDATIONS



- The conference should be 100% bilingual (Spanish/English), making simultaneous interpretation services available in Vietnamese and other languages.
- Health disparity data of Central Health's Latino MAP enrollees should guide the content of the conference.
- Among Central Health's MAP enrollees, Latinos are most impacted by these long-term health conditions:
  - Heart disease
  - High blood pressure
  - Mental health and drug abuse
  - o Diabetes

# EVENT OBJECTIVE

Address the unique health challenges faced by Latinos living at or below 200% of the Federal Poverty Level (FPL) in Travis County by:

- Destigmatizing chronic illness and mental health conditions.
- Providing valuable information, resources, and support to manage and prevent chronic mental and physical health conditions.



# DESIRED OUTCOMES



- Improved Health Literacy: Increase awareness and understanding of chronic disease prevention and management, leading to improved health outcomes.
- Enhanced Community Networks: Strengthen community bonds and support systems, fostering a sense of belonging and mutual assistance.
- Increased Access to Care: Enable better access to healthcare services by bridging gaps and addressing barriers.
- **Cultural Sensitivity:** Cultivate a culturally sensitive environment, benefiting both patients and healthcare providers.

# **NEXT STEPS**

- 1. Staff will form a planning workgroup and a community advisory committee to further develop and refine the concept of the Latino Family Support Conference.
- 2. These groups will be tasked with outlining specific details, such as event logistics, potential speakers, and collaboration with community partners.
- 3. Staff will continue updating the Board of Managers through the event planning process.



# Thank you

Iván Dávila

Sr. Director, Marketing and Communications

Yesenia Ramos





# CENTRAL HEALTH BOARD OF MANAGERS STRATEGIC PLANNING COMMITTEE

January 17, 2024

## **AGENDA ITEM 5**

Review tentative reporting schedules for Fiscal Year 2024. (Informational Item)

#### **AGENDA ITEM SUBMISSION FORM**

This form is to provide a general overview of the agenda item in advance of posting for the Board meeting. Proposed motion language is a recommendation only and not final until the meeting and may be changed by the Board Manager making the motion. All information in this form is subject to the Public Information Act.

Agenda Item Meeting Date	January 17, 2024
Who will present the agenda item? (Name, Title)	No presentation
General Item Description	Review the tentative reporting schedules for Fiscal Year 2024.
Is this an informational or action item?	Informational Item
Fiscal Impact	N/A
Recommended Motion (if needed – action item)	N/A
Review the tenta	item, and/or feedback sought from the Board of Managers: Itive reporting schedules for Fiscal Year 2024 activities and programs pursuant Ilirections established in the Fiscal Year 2024 budget resolution adopted by the
1) Board of Manage	ers.
2)	
What backup will be provided, or will this be a verbal update? (Backup is due one week before the meeting.)	Report out schedule
Estimated time needed for presentation & questions?	No presentation
Is closed session recommended? (Consult with attorneys.)	No
Form Prepared By/Date Submitted:	Briana Yanes/January 11, 2024

Increase Access and Capacity			
Executive Sponsor(s)	Strategic Priorities	Format	Report Out Month(s)
Stephanie McDonald Jon Morgan Dr. Schalscha	<b>SITE EXPANSIONS.</b> Continue site expansions with opening new health centers in Hornsby Bend and Del Valle and commencing with engineering and design for Colony Park Launch, and initial phases of multispecialty services at the East Austin and the Rosewood-Zaragosa clinics.	Presentation/Memo Update	RZ: April or May  ETC: As needed to report or critical milestones on site expansions.
Monica Crowley	INCREASED FUNDING FOR BEHAVIORAL HEALTH AND SUD	Verbal Update/Memo	December or January
Jon Morgan	PROGRAMS/SERVICES PROVIDED BY INTEGRAL CARE. Enhance behavioral health and substance use treatment integration into comprehensive care models, including health related support for diversion or deflection services in conjunction with other local efforts. In addition, increase the funding amount in Integral Care's FY2023 service agreement by \$7 million for program services that intersect and align with both Central Health's and Integral Care's missions to enhance services for low income residents and improve health equity. The Central Health CEO will determine appropriate program services in collaboration with the Integral Care CEO and report to the Board of Managers by October 4th the programs identified and funded as advancing the missions of both organizations. Central Health will work with Integral Care to include programs and services such as the following:  1. Crisis Hotline Services 2. Health Equity Through CCBHC Project (prioritizes expanded access to integrated system of care to address population health disparities) 3. Continued Mobile Crisis Outreach Teams (MCOT) and System of Care Services 4. Mood Treatment Center Services (intensive OP services to individuals with bipolar disorder) 5. Expanded Community Mental Health Center Services (to address continued growth of population and community needs) 6. Wellness Services (nutrition and tobacco cessation for individuals with SMI)		June or July
Jon Morgan Dr. Schalscha	MEDICAL RESPITE AT CAMERON ROAD. Develop and right size clinical and support services to support the direct practice of medicine, including expanding Medical Respite staff to support contracted services and to develop the future Cameron Road site.	Presentation	August/September
Jon Morgan Dr. Schalscha	<b>STREET MEDICINE/MOBILE CLINICS.</b> Increase health care services offered through street medicine and mobile clinic teams.	Presentation	March or April August or September
Dr. Schalscha Jeannie Virden	HIGHER-ED WORKFORCE RECRUITMENT. Coordinate with local secondary and higher education institutions to provide scholarships, internships, and employment to support development of culturally affirming workforce in fulfillment of Central Health's mission.	Memo Update	Quarterly

<b>Executive Sponsor</b>	Strategic Priorities	Format	Report Out Month(s)
Jon Morgan Dr. Schalscha	<b>EPIC, PATIENT PORTAL AND MYCHART.</b> Continue buildout of Epic electronic health record for Central Health, including utilization of a patient portal and MYCHART.	Presentation	April or May
Jon Morgan Dr. Schalscha	<b>TRANSITIONS OF CARE.</b> Expand transitions of care program within Central Health's practice of medicine in expansion of care teams, Care at Home and in skilled nursing facilities.	Presentation	April or May
Jon Morgan Dr. Schalscha	CENTRAL HEALTH NAVIGATION CTR. Improve care coordination and member engagement through the continued development of the Central Health Navigation Center, focused on connecting and guiding patients and members to appropriate care and resources.	Presentation	April or May
Enhance Member	Enrollment and Engagement		
<b>Executive Sponsor</b>	Strategic Priorities	Format	Report Out Month(s)
Jon Morgan Dr. Schalscha	enrollment services, including virtual enrollment, in support of new Central Health facilities and clinical practices.	Presentation	April or May
Ted Burton	HIGH NEED REGION ENGAGEMENT. Continue engagement in high-need planning and assessment regions.	Presentation/Memo Update	Q4
Continue to Devel	op System of Care Infrastructure		
Executive Sponsor	Strategic Priorities	Format	Report Out Month(s)
Monica Crowley	PERFORMANCE TRACKING (KPI). Complete development of performance tracking plan and indicators to measure progress of core elements of the Healthcare Equity Implementation Plan.	Presentation	Q2 or Q3
Monica Crowley eff Knodel	<b>OVERSIGHT PROGRAMS.</b> Work to develop and implement oversight programs including hospital care and other service delivery programs.	Verbal Update/Memo	As needed
Monica Crowley	HOSPITAL CAPACITY. Implement work related to hospital capacity and hospital	Verbal Update/	Q2

Executive Sponsor	Strategic Priorities	Format	Report Out Month(s)
Jon Morgan Dr. Schalscha	DIRECT PRACTIC INFRASTRUCTURE. Develop direct clinical practice infrastructure and continue building out clinical services teams.	Presentation	April or May
Stephanie McDonald (Lead) Executive Team	CENTRAL HEALTH INFRASTRUCTURE. Continue development of Central Health departmental infrastructure including department expansions to support organizational growth including, administrative support, recruitment, hiring, retention, workforce development, employee engagement, legal, strategy, compliance and risk management, marketing and communication, finance and procurement, joint technology, human resources and facilities management.	Memo Update and Recommendations for FY25 Budget	As needed and April 2024
eannie Virden	SURVEY TOOL. Acquire and implement a modern survey tool to support employee retention and satisfaction.	Memo Update	Quarterly
ohn Clark	JOINT TECH SYSTEMS. Expand joint technology systems and applications to provide operational support and address cyber security, infrastructure, support services, and data management, analytics and reporting systems.	Presentation/Memo	Quarterly
Support Operation	ns en		
Executive Sponsor	Strategic Priorities	Format	Report Out Month(s)
eannie Virden	ORGANIZATIONAL GROWTH. Central Health prioritization of staffing to support organizational growth and enhancement of operational capabilities.	Memo Update	Quarterly
Monica Crowley leff Knodel	PERFORMANCE AUDIT. The Performance Review and Audit, conducted pursuant to an Interlocal Agreement with Travis County, as a means of obtaining a five-year performance review.	Verbal Update	February, May and June

Support Operations			
<b>Executive Sponsor</b>	Strategic Priorities	Format	Report Out Month(s)
Monica Crowley Jon Morgan Jeff Knodel Perla Cavazos	ENROLLMENT OF JAIL INMATES INTO CENTRAL HEALTH COVERAGE PROGRAMS. Staff coordination with Travis County, including the Sheriff's Department, to allocate resources to the eligibility and enrollment of low-income county jail inmates in applicable care programs and pursue a shared-cost assessment regarding county jail inmate health needs and care models, including historical and ideal states and associated costs.	Verbal Update	End of Q2/Early Q3
Jon Morgan Monica Crowley	BLACK MEN'S HEALTHCARE CLINIC NTE (INITIAL). Resolved, that the Central Health Board of Managers provide financial support for the delivery of care and related support for low-income persons within the Black Mens' Health Clinic. These funds will be provided in the services agreement with CommunityUnity Care, not to exceed \$500,000, to support expansion of clinical capacity, related outreach, and resources to include dedicated clinicians and support staff to offer services Monday thru Friday and extended evening, walk-up, or weekend hours to the greatest extent possible, with identified performance measures approved by Central Health and CommUnity Care.	Presentation/Memo Update	June-Sept
CEO Jon Morgan Monica Crowley Dr. Schalscha	INTEGRAL CARE SERVICE DELIVERY COORDINATION. Considering recent fiscal challenges facing Integral Care, Central Health staff will regularly coordinate with Integral Care to develop approaches to avoid disruptions or delays in the mental and behavioral health services for the low-income population in Travis County. Central Health staff will take steps to avoid, as expeditiously as possible, such service disruptions to eligible, low income persons and may utilize additional contingency reserves to do so, provided that Central Health staff seek Board approval prior to the expenditure of funds under this section. Central Health staff will report to the Board of Managers Budget Committee on a regular basis any allocation of reserves for this purpose, with the first report occurring at the next Budget Committee meeting. This section is intended to take effect if the additional funding specified in Paragraph B. subsection a.ii. is insufficient to avoid disruptions or delays in services.	Verbal Update	June/July/August/ September
Dr. Schalscha Jon Morgan	CANCER PREVENTIONS. Ensure cancer screening, diagnosis, and treatment services are developed for staging of priorities within the Healthcare Equity Plan, building on cancer services efforts supported by the Central Health FY 2023 Budget Resolution.	Memo Update	April or May

## **Support Operations**

<b>Executive Sponsor</b>	Strategic Priorities	Format	Report Out Month(s)
Monica Crowley	JAIL SERVICES.	Verbal Update	End of Q2/Early Q3
Jon Morgan	a. The Board of Managers is committed to partnering with the County to		
Jeff Knodel	develop more effective and sustainable care models to address the needs		
Perla Cavazos	onflow-income eligible incarcerated individuals. The BOM is committed to co-		
	funding a joint study with Travis County, and other appropriate partners to		
	assess physical, mental, behavioral, and Substance Use Disorder (SUD) care		
	models for serving this population.		
	b. Historic and current analysis of most common conditions, causes of		
	conditions, including if they are pre-existing, treatment efficacy, and final		
	outcomes. Cost analysis including funding sources and billing providers, this		
	specifically would include a review, in the interest of both fiscal analysis and		
	accuracy, including but not limited to health care services billed by providers to		
	the Medicaid funding source when applicable for eligible patients and service		
	billed by providers at "list price" or non-insured market rates.		
	c. Substantial progress within 90-days to enroll individuals who are low-		
	income, uninsured, and residing in Travis County in a health program and		
	connecting to Central Health's contracted or provided services, whether		
	incarcerated or at-risk of incarceration while in law enforcement custody at		
	County jail facilities; commencement of 90-day period conditional on		
	commitment and summary staffing plan from County to support planning and		
	implementation and essential contracts with the Sherriff's' Department. The		
	Board amends the Budget to add \$2 million to fund supplemental healthcare		
	pilot for FY24 for eligible Travis County residents for the purposes stated		
	above.		
Jon Morgan	INTERLOCAL SERVICES AGREEMENT WITH INTEGRAL CARE. The Board of	Verbal Update	June/July
	Managers is committed to continued partnership with Integral Care and will		August/September
	collaborate with Integral Care to consider development of an ongoing		
	Interlocal Agreement or services agreement to provide mental, behavioral, and		
	SUD services for low income eligible persons.		
Monica Crowley	FUNDING FOR DIVERSION SERVICES. The Board of Managers has committed to	Verbal Update	December
Jon Morgan	\$1.5 million for a diversion services pilot as allocated in Schedule B of the FY		
Dr. Schalscha	2024 budget.		

### Support Operations

Support Operations			
Executive Sponsor	Strategic Priorities	Format	Report Out Month(s)
Monica Crowley Jon Morgan Dr. Schalscha	ADDITIONAL FUNDING SUPPORT FOR BLACK MENS HEALTHCARE CLINIC. The Board of Managers adds an additional \$500,000 to the CommUnityCare contract for the purposes of supporting and enhancing the Black Men's Healthcare Clinic to provide additional services, additional outreach, and to work with the Latino and non-English speaking populations, particularly on Latino outreach efforts, focusing on men of color and non-English speaking populations for the next FY24 budget.	Presentation	Q2 & Q3
Monica Crowley Dr. Schalscha Jon Morgan Jeff Knodel	<b>HEALTHCARE EQUITY.</b> The Board of Managers commits to analyzing the ability to accelerate the implementation of the projects in the health equity plan and other programs that support the goals of a more equitable health system.	Presentation	Q2/February
Jon Morgan	<b>EXTEND MAP ELIGIBILTY PERIOD.</b> The Board of Managers reiterates its commitment to extend the eligibility period for MAP patients from 6 to 12 months as soon as it is legally possible to do so and will consider amending the budget as necessary to fund such extension.	Verbal Update	As Needed



# CENTRAL HEALTH BOARD OF MANAGERS STRATEGIC PLANNING COMMITTEE

January 17, 2024

## **AGENDA ITEM 6**

Confirm the next Strategic Planning Committee meeting date, time, and location. (*Informational Item*)