



CENTRAL HEALTH



Community Health Champions Workshop V

Tuesday, December 3, 2019



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Program Completion

Certificate of Completion:

- Welcome weekend – 2 days
- 3 out of the 5 workshops

• Perfect Attendance:

- Welcome weekend – 2 days
- All 5 workshops



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Involvement Beyond the Program



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Join an Advisory Committee



- Pflugerville
- Colony Park/Manor
- Hornsby Bend
- Del Valle/Creedmoor

Volunteer with our Outreach Team



- Represent Central Health at an event
- Conduct patient interviews (for feedback)

Join an Alumni Association Committee



“I realized being part of an alumni committee would be a great way to stay engaged and continue learning. Participating first as a member (2018) and then as Chair (2019) of the Communications Committee has been an excellent way to stay connected with and work with fellow alumni across the cohorts. It has also given me the opportunity to continue championing health care equity in Travis County.”

- Jen Richardson, Class of 2017

Join the Central Health Equity Policy Council



Megan Cermak

Manager of Community & Population Health Strategy

megan.cermak@centralhealth.net

512-978-8172

Apply to Become a Board Member



- 4 City Council appointments
- 4 County Commissioner appointments
- 1 joint appointment



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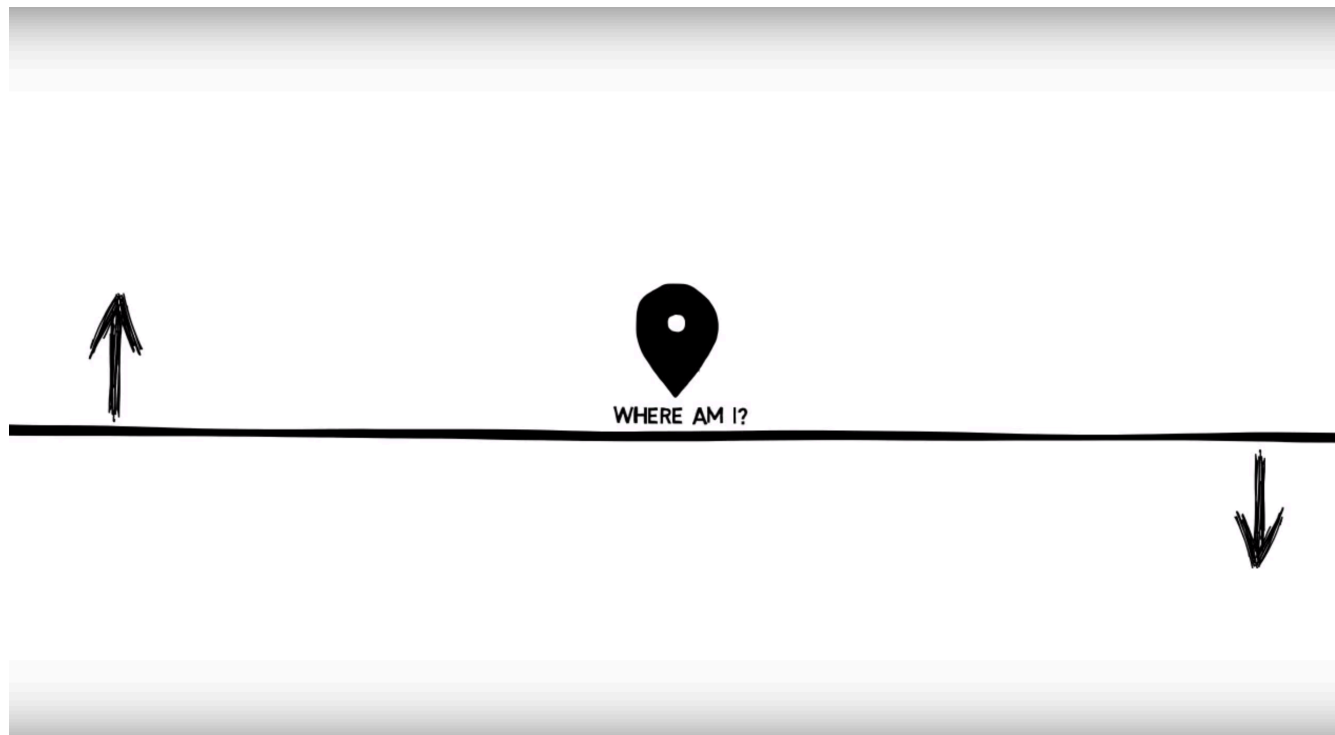


Reflection Activity



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Locating Yourself



Individual Reflection Activity



- Choose a workshop topic (health equity indicator) from this year:
 1. Access to Care
 2. Health Care Outcomes
 3. Quality of Care (Patient Experience)
 4. Social Conditions
- Complete the worksheet on your own

Group Reflection Activity

- Break out into groups by health equity indicator:
 1. Each person will share their answers to questions #1 & #5 from their individual reflection
 2. Ask the group: Is there anyone else in the community who is already doing this or something similar. If so, how can you plug into that effort?
 3. Complete the rest of the worksheet as a group. Collaborate with others who have a similar issue/concern to strengthen a solution.
- Choose one issue/concern and proposed solution to share with the larger group



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Reflection Activity Report-Outs



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Board Member Q&A

Dr. Charles Bell, Treasurer

Central Health Board of Managers

cebellmd@me.com



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Passion Assignment Report-Outs



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Passion Assignments

- Level 1: Outreach Volunteers
 - 41 hours
 - 18 volunteers
- Level 2: Central Health 101 Presentations
 - 14 Health Champions
- Level 3: Group Projects
 - 3 groups (Colony Park, Hornsby Bend, Creedmoor)
 - 18 Health Champions



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Level 3 Passion Assignment Creedmoor

Nora Comstock – Team Lead

Melissa Davis, Ruth Pacheco, Sam Ruiz, Jereka Thomas-Hockaday



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Level 3 Passion Assignment Colony Park

Rakhi Agrawal – Team Lead

Brittany Hines, Melody Valdez, Netsanet Temsegen Hopkins,
Yvonne Montejano, Arlet Polack, Monique Vasquez



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Level 3 Passion Assignment Hornsby Bend

Jessica Sager – Team Lead

Victoria O'Dell, Kelli Lovelace, Javier Valdez, Lidia Aguilar



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Announcements

- Surveys: Program & Workshop V
- Social hour – Eastside Tavern
 - Cesar Chavez & Comal (6-minute walk)
- Annual Celebration: December 12
 - 6 – 8 p.m. at Ascension Seton Administrative Office



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Health care for **all**



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 Community
Care
Collaborative
A Central Health and Seton partnership

 CommUnityCare

 **SENDERO**
HEALTH PLANS



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