



## Central Health Stories Fact Sheet

Central Health Stories is a new podcast series created and produced by Central Health. Each podcast episode will showcase a dramatic, heartfelt story about real people in Travis County, and the challenges that healthcare providers face while helping these people get well and stay healthy.

Making sure all Travis County residents have access to healthcare is a 24/7 effort that happens not only in hospitals and clinics, but also in homeless shelters and bridge underpasses, on street corners, at churches, on campus, in jail. Central Health Stories will take you to these places. You will be transported into the lives of neighbors you didn't know you had. You will learn about the new and cutting-edge programs and treatments that are helping everyone in our community, from the remote homeless camps in the rural outskirts of Austin, to our congested downtown, to your street and your school.

In each episode, you'll also hear from Dr. Mark Hernandez, Chief Medical Officer of the Community Care Collaborative. Dr. Hernandez will offer his unique insights into the population health challenges that face the 11<sup>th</sup> largest city in the United States. In many cases, you'll find that what healthcare providers are doing right here in Travis County is being studied-and in many cases adopted-by clinicians and administrators across the country.

But at their core, Central Health Stories won't be about policies and bureaucracies—they will be about the lives of your friends and your neighbors. They will be about you.

There are several ways to listen to Central Health Stories

1. Visit [www.CentralHealthStories.org](http://www.CentralHealthStories.org) — All podcasts are available on the site and can be played on any browser and any device
2. Subscribe on iTunes — Anyone with Apple iTunes installed on their device or computer can subscribe to Central Health Stories via the iTunes store. Simply search for “Central Health Stories” (be sure the iconic logo is the same as the one on this page), and click subscribe
3. Subscribe or listen on Stitcher — Stitcher is a podcast hosting site and service. Users can visit [www.Stitcher.com](http://www.Stitcher.com) and search for “Central Health Stories.” The options to subscribe, if the user has the Stitcher app installed on their device, or listen online are both available.
4. Google Play Music — Google Play will soon make podcasts available. We will provide updated instructions when this feature has been fully rolled out.