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# CENTRAL HEALTH

### **Our Vision**

Central Texas is a model healthy community.

### **Our Mission**

By caring for those who need it most, Central Health improves the health of our community.

### **Our Values**

Central Health will achieve excellence through:

*Stewardship* - We maintain public trust through fiscal discipline and open and transparent communication.

*Innovation* - We create solutions to improve healthcare access.

*Respect* - We honor our relationship with those we serve and those with whom we work.

*Collaboration* - We partner with others to improve the health of our community.

## **CENTRAL HEALTH BOARD OF MANAGERS ad hoc Women's Health Committee**

**Wednesday, July 11th, 2018, 12:00 p.m.**

**Central Health Administrative Offices  
1111 E. Cesar Chavez St.  
Austin, Texas 78702  
Training Room**

### **AGENDA\***

#### **Items for consideration and possible action:**

1. Approve the minutes of the following meeting of the ad hoc Women's Health Committee:
  - a. March 30, 2018.

#### **Reports and presentations:**

2. Receive and discuss an update on Fiscal Year 2018 priorities in Women's Health.
3. Discuss and take appropriate action on proposed Fiscal Year 2019 priorities in Women's Health.
4. Receive and discuss a report from the President and CEO on potential Women's Health initiatives.

\*The ad hoc Women's Health Committee may take items in an order that differs from the posted order.

The ad hoc Women's Health Committee may consider any matter posted on the agenda in a closed session if there are issues that require consideration in a closed session and the Committee announces that the item will be considered during a closed session.

**A quorum of Central Health's Board of Managers may convene to discuss matters on the agenda.**

Came to hand and posted on a Bulletin Board in the Courthouse,  
Austin, Travis County, Texas on this the 6th day of

July  
Dana DeBeauvoir  
County Clerk, Travis County, Texas Deputy

By

*A. Macedo*  
A. MACEDO



**FILED AND RECORDED**

OFFICIAL PUBLIC RECORDS

*Dana DeBeauvoir*

Jul 06, 2018 12:16 PM

201881000

FEE: \$0.00

Dana DeBeauvoir, County Clerk

Travis County TEXAS



# CENTRAL HEALTH

**Central Health Board of Managers  
Ad-hoc Women's Health Committee**

**July 11, 2018**

## **AGENDA ITEM 1**

Approve the minutes of the following meeting of the ad hoc Women's Health Committee:  
a. March 30, 2018.

MINUTES OF MEETING – MARCH 30, 2018

CENTRAL HEALTH BOARD OF MANAGERS  
ad hoc WOMEN'S HEALTH COMMITTEE

On Friday, March 30, 2018, the Central Health Board of Managers ad hoc Women's Health Committee convened at 12:10 p.m. in the Training Room, 1111 East Cesar Chavez, Austin, Texas 78702. Clerk for the meeting was Ms. Emily Farris.

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**Committee Members present:** Chairperson Aiken, Manager Oliver, and Manager Valadez

**REGULAR AGENDA**

1. **Approve the minutes of the following meeting of the ad hoc Women's Health Committee:**
  - a. **January 26, 2018.**

**Clerk's Notes:** Discussion on this item began at 12:10 p.m. Manager Valadez moved that the Committee approve minutes of the following meeting of the Central Health Board of Managers *ad hoc* Women's Health Committee:

- a. January 26, 2018.

Manager Oliver seconded the motion.

Chairperson Aiken	For
Manager Museitif	Absent
Manager Oliver	For
Manager Valadez	For

2. **Receive and discuss current data related to women's health, including demographic and service related data, and future data needs.**

**Clerk's Notes:** Discussion on this item began at 12:11 p.m. Ms. Lesley Nelson, Special Projects Manager for Central Health, Stephanie Lee McDonald, Chief of Staff for Central Health, and Ms. Sandy Coe Simmons, Director of IT/IS Enterprise Services for Central Health, presented to the committee. Ms. Nelson explained the importance of the data, how the data is captured, including the challenges associated with capturing the data, and how it can be used by the committee to make future decisions about women's health. Ms. Simmons presented facts about the data, which included the following key points: (1) the number of women served in the Central Health population is increasing; and (2) the majority of women receive their general primary medical exams in a CommUnityCare location. The Committee members discussed which issues should be prioritized for women healthcare in Travis County, along with which issues should be discussed at the next committee meeting.

No action was taken on item 2.

Chairperson Aiken adjourned the meeting at 1:25 p.m.

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Abigail Aiken, Chairperson  
Central Health ad hoc Women's Health Committee



# CENTRAL HEALTH

**Central Health Board of Managers  
Ad-hoc Women's Health Committee**

**July 11, 2018**

## **AGENDA ITEM 2**

Receive and discuss an update on Fiscal Year 2018 priorities in Women's Health.



MEMORANDUM

**To:** Central Health Ad-hoc Women's Health Committee  
**CC:** Mike Geeslin, Chief Executive Officer  
**From:** Stephanie Lee McDonald, Chief of Staff  
**Date:** July 6, 2018  
**Re:** Item 2; Receive and discuss an update on Fiscal Year 2018 priorities in Women's Health.  
**INFORMATIONAL ITEM**

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**Overview:**

Since the committee approved a strategy plan related to increasing contraceptive care and access to sexual and reproductive health care services to the population we serve in January 2018, we are now presenting an update of activities to support the strategy plan.

Activities to date include:

- Providing free pregnancy testing at the Southeast Health and Wellness Center (SEHWC);
- Funding Long Acting Reversible Contraception (LARC) training for CommUnityCare Providers;
- Developing a telehealth pilot to increase contraception access with the Dell Medical School and UT Health;
- Contracting with primary care providers to increase access to Long Acting Reversible Contraception for women at or below 200% of the Federal Poverty Level.

**Synopsis:**

**Free pregnancy testing at SEHWC:**

Since Central Health took over the program in January 2018, 298 women have come to the SEHWC for free pregnancy testing. In addition to pregnancy testing, 77 received enrollment assistance and most have become patients of CommUnityCare and benefited from the obstetric services and redesigned care team models.

Feb – 37 Pregnancy Tests (Pregnancy Testing Coordinator in Training)

March – 63 Pregnancy Tests, 10 eligibility appointments

April – 63 Pregnancy Tests, 13 eligibility appointments

May – 79 Tests, 25 eligibility Appointments

June – 56 Tests, 29 eligibility appointments

**Funding LARC training for CommUnityCare Providers:**

On June 1, 2018, CommUnityCare (CUC) required all primary care providers, approximately 120, to attend a LARC training led by Dr. Bri Tristan, Dell Medical School. Dr. Tristan provided education to CUC Providers in order to increase the initiation of contraception and promote the importance of same day contraception initiation.

Content included:

- Contraceptive Knowledge
  - CDC Medical Eligibility Criteria(MEC) per contraceptive method
  - Restrictions
  - Adolescent LARC use

- Clinical outcomes
- Use of shared decision making when conducting contraceptive counseling
- Discussion of new template to aid in the initiation and counseling of contraceptive methods
- Discussion of clinical myths and barriers/ Operational Barriers
  - Minor consent guidelines for contraception
  - Financial obligation for contraception

Additional hands on training is being scheduled for interested providers.

**Developing a telemedicine pilot to increase contraception access with the Dell Medical School (DMS):**

DMS has proposed a telemedicine pilot to use a digital platform for contraception consults and connecting new patients to care in the CCC network. Due diligence is still being performed on the pilot and the DMS is negotiating the technical requirement with a potential vendor. While the feasibility is being discussed, Central Health has surveyed both existing MAP members and income eligible women about their interest and concerns about using technology tools for health care services. Preliminary results show patient interest in utilizing technology tools; final results will be shared with the DMS and guide the direction of the pilot.

**Contracting with primary care providers to increase access to Long Acting Reversible Contraception for women at or below 200% of the Federal Poverty Level:**

Central Health increased the primary care contract with Planned Parenthood to \$738,000 and included reimbursement for LARC devices and procedures in the contract starting in Fiscal Year 2018. In June, administration added an additional \$100,000 to the contract to continue to meet the demand for services at Planned Parenthood from the population we serve.

In addition, Central Health amended the contract to include an additional \$250,000 for LARC devices and insertions by Planned Parenthood. The total value of the FY 2018 contract is now \$1,081,800.

We have worked with our primary care partners including CommUnityCare, Lone Star Circle of Care, People’s Community Clinic, and El Buen Samaritano to evaluate the short falls they experience in meeting the demand for LARCs by the population we serve.

Based on data they have provided we have developed contracts for the following amounts that are currently in legal review:

- CommUnityCare: \$25,000
- People’s Community Clinic: \$25,000
- El Buen Samaritano: \$15,000
- Lone Star Circle of Care: \$15,000

These contracts reimburse for LARCs, an office visit, and the insertion fees based on terms established with each provider system and will cover the anticipated demand for the last quarter of Fiscal Year 2018.

**Action Requested:**

No action is requested at this time. This item is informational in nature.

**Fiscal Impact:**

Current allocated amounts total \$481,800 of the budgeted \$1M in the Fiscal Year 2018 budget. An additional \$310,000 has been requested to fund the DMS telehealth pilot.



CENTRAL HEALTH

# Assessing Interest in Birth Control App

Central Health Women's Health Subcommittee  
Wednesday, July 11, 2018

Presenters: Tracy Ayrhart, PhD; Isela Guerra



# Purpose

1. Assess demand for a birth control app
2. Identify barriers to services

DRAFT



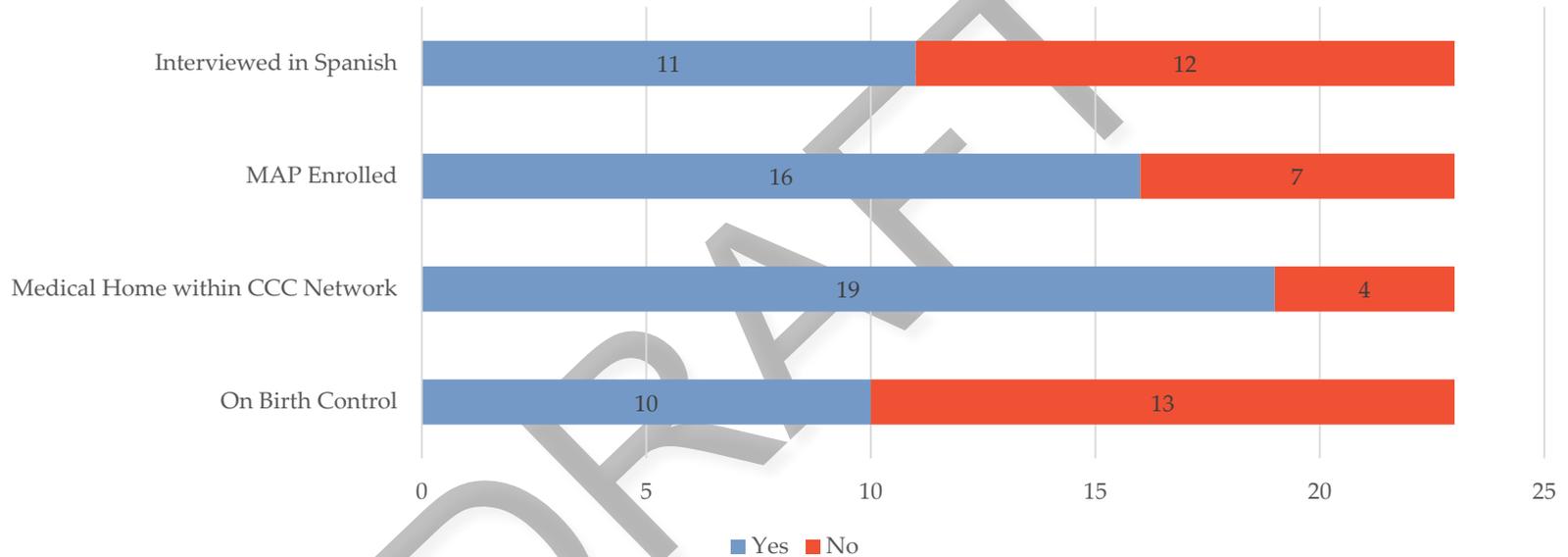
# Methodology

- Interviewed women ages 18-44 who were using/interested in using birth control
- 23 interviews conducted June 12-14, 2018
- Sources of participants:
  - MAP Eligibility Office (South location)
  - Southeast Health and Wellness Center
    - Summer Lunch Program
    - Zumba Classes



# Snapshot of Interviewees

## Basic Patient Characteristics



Characteristic	Number
Average Age	31 years
Age Range	21-44 years

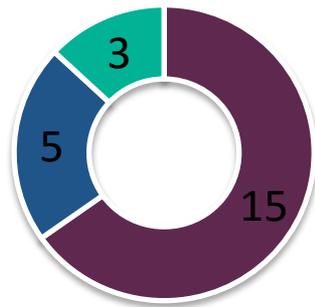




# Overview of Findings

- Eight women (35%) reported some concerns with birth control app
  - Biggest concern: privacy
  - Understanding information

Preferred Method



- Call
- Video
- Chat Box



# Overview of Findings

- Barriers to Medical Care

1. Cost / Affordability
2. Time (long waits, timing of appointment)
3. Transportation to appointment

- Barriers to birth control

1. Affordability
2. Accessing preferred method
  - Not stocked at clinic
  - Unable to get method of choice\* due to provider preference

access **appointment** around bc benefit commuting constraints **cost** distance getting  
illness meet mental noted option patch people person prefers referrals room **timing** transportation traveling  
uninsured **waiting** wanting work

\*Which can affect method adherence and continuation



# Summary

- Overall, women expressed interest in using a birth control app
  - Can address most common barriers to access
- Most common concern was privacy
- Other findings
  - Need to ensure devices are available
  - Need for provider training on client-centered contraceptive care



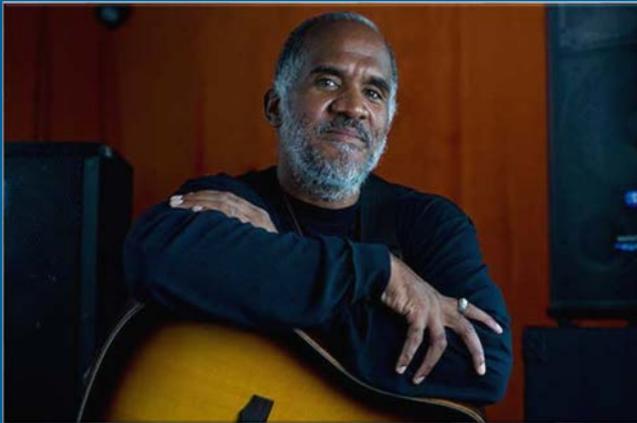


# CENTRAL HEALTH

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# CENTRAL HEALTH

**Central Health Board of Managers  
Ad-hoc Women's Health Committee**

**July 11, 2018**

## **AGENDA ITEM 3**

Discuss and take appropriate action on proposed Fiscal Year 2019 priorities in Women's Health.



# CENTRAL HEALTH

**Central Health Board of Managers  
Ad-hoc Women's Health Committee**

**July 11, 2018**

## **AGENDA ITEM 4**

Receive and discuss a report from the President and CEO on potential Women's Health initiatives.