

# TIME TO SHOW UP FOR BLACK MOTHERS

To respond to the crisis of Black maternal health in Travis County, a local collective of researchers, social workers, policy makers, public health professionals and community activists – consisting primarily of black women that have survived their own pregnancy and child birthing trauma – are working collaboratively with Black mothers and our surrounding communities to improve these outcomes.

## ABOUT THE UT STEVE HICKS SCHOOL OF SOCIAL WORK BLACK MAMAS COMMUNITY COLLECTIVE

The UT Steve Hicks School of Social Work takes a transdisciplinary approach to achieving health equity and improving the maternal postpartum access and outcomes of Black Women. The collaborative team is taking a holistic approach to improving access and outcomes, from unpacking the systematic, groundwater analysis of institutional racism in our healthcare system, cultivating a pipeline of Black healthcare professionals, to home visits for Black mothers, specifically in Travis County.

## WE'RE LOOKING FOR PREGNANT MOMS!

Do you know a woman who is expecting and needs the support of birthing and delivery professionals? The Black Mama's Community Collective is sponsoring a free program.

This postnatal program will sponsor up to 12 new moms for visits by doulas. These moms will receive:



- Individualized home visits for 12 months
- Group discussions with other mothers in the program and area maternal health experts
- Advice on best practices for healthcare, parenting, relationships, self-care, finances, education, career, and returning to work


Black mothers experience maternal death rates twice to four times higher than white women, and in addition a higher risk of developing postpartum depression. Black children in Texas make up just 11 percent of births in the state, but nearly 30 percent of all women in Texas who die from pregnancy-linked complications are Black.

### Are you or someone you know interested?

Send an email to [BMCCOrganizer@gmail.com](mailto:BMCCOrganizer@gmail.com)  
or call (512) 522-4608

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