

WORKSHOP II

Health Care Delivery & Systems Planning
Thursday, October 8, 2020

Systems Planning

Sarah Cook, Senior Director, Strategy & Planning, Central Health



Sarah Cook joined Central Health in 2011. In nine years, she has worked on supporting Central Health's strategic and community health planning activities, including leading the Delivery System Reform Incentive Program (DSRIP), launching population health initiatives, and overseeing strategic planning projects and processes. Sarah joined Central Health after working in community-based antipoverty programming and health care in Boston, where she grew up. Sarah graduated from Princeton University with a bachelor's in history and the London School of Economics with a master's in comparative politics.

Partnerships & Services

Barbara Adams, Service Delivery Operations Manager, Central Health



Barbara has been with Central Health for a little more than three years and serves as Service Delivery Operations Manager in the Healthcare Delivery Department. She provides oversight of the primary care service line and the Delivery System Reform Incentive Payment Program, and manages the Project Management Office. Prior to joining Central Health, Barbara served the State of Texas for 10 years at the Department of State Health Services in the Public Health Preparedness Program where she was an infectious disease epidemiologist and then managed the State's public health and medical response to disasters across the State.

Barbara is a graduate of Texas A&M University with a bachelor of science in molecular and cell biology. She continued her education at Texas A&M University's Health Science Center School of Rural Public Health where she earned her master's of public health in epidemiology. She is also a certified project management professional.