



CENTRAL HEALTH

Our Vision

Central Texas is a model healthy community.

Our Mission

By caring for those who need it most, Central Health improves the health of our community.

Our Values

Central Health will achieve excellence through:

Stewardship - We maintain public trust through fiscal discipline and open and transparent communication.

Innovation - We create solutions to improve healthcare access.

Right by All - By being open, anti-racist, equity-minded, and respectful in discourse, we honor those around us and do right by all people.

Collaboration - We partner with others to improve the health of our community.

SPECIAL CALLED BUDGET AND FINANCE COMMITTEE MEETING Wednesday, July 12, 2023, 2:00 p.m.

Videoconference meeting¹

A quorum of the Committee and the presiding officer will be present at:

Central Health Administrative Offices
1111 E. Cesar Chavez St.
Austin, Texas 78702
Board Room

Members of the public may attend the meeting at the address above, or observe and participate in the meeting by connecting to the Zoom meeting link listed below (copy and paste into your web browser):

<https://us06web.zoom.us/j/83477899787?pwd=UFIEVWNtTVVoYTIXZERkQnpicFlxdz09>

Meeting ID: 834 7789 9787

Passcode: 572502

Or to participate by telephone only:

Dial: (346) 248 7799

Meeting ID: 834 7789 9787

Passcode: 572502

The Committee may meet via videoconference with a quorum present in person and will allow public participation via videoconference and telephone as allowed under the Open Meetings Act. Although a quorum of the Committee will be physically present at the location posted in this meeting notice, we strongly encourage all members of the public to observe the meeting virtually and participate in public comment, if desired, through the virtual meeting link or telephone number listed on this meeting notice.

Members of the public who attend in person should conduct a self-assessment before coming to the building to ensure they do not have a high temperature or any symptoms of COVID-19. Anyone who is symptomatic and/or has a fever should contact their healthcare provider for

further instructions. Symptomatic members of the public can still participate, if desired, through the virtual meeting link or telephone number listed on this meeting notice. Resources related to COVID-19 can be found at the following link:

<https://www.centralhealth.net/covid-info/>.

A member of the public who wishes to make comments virtually during the Public Communication portion of the meeting must properly register with Central Health **no later than 12:30 p.m. on July 12, 2023**. Registration can be completed in one of three ways:

- Complete the virtual sign-in form at <https://www.centralhealth.net/meeting-sign-up/>;
- Call 512-978-9190 and leave a voice message with your full name, your request to comment via telephone, videoconference, or in-person at the meeting; or
- Sign-in at the front desk on the day of the meeting, prior to the start of the meeting.

Individuals who register to speak on the website or by telephone will receive a confirmation email and/or phone call by staff with instructions on how to join the meeting and participate in public communication.

PUBLIC COMMUNICATION

Public Communication rules for Central Health Committee meetings include setting a fixed amount of time for a person to speak and limiting Committee responses to public inquiries, if any, to statements of specific factual information or existing policy.

COMMITTEE AGENDA²

1. Discuss concepts proposed by Travis County for Central Health to fund some or all health care costs for adult inmates within the Travis County jail system.³ (*Informational Item*)
2. Confirm the next Budget and Finance Committee meeting date, time, and location. (*Informational Item*)

¹ This meeting may include one or more members of the Budget and Finance Committee participating by videoconference. It is the intent of the presiding officer to be physically present and preside over the meeting at Central Health Headquarters, 1111 Cesar Chavez, Austin, Texas 78702. This meeting location will be open to the public during the open portions of the meeting, and any member participating by videoconference shall be visible and audible to the public members in attendance whenever the member is speaking. **Members of the public are strongly encouraged to participate remotely through the toll-free videoconference link or telephone number provided.**

² The Budget and Finance Committee may take items in an order that differs from the posted order and may consider any item posted on the agenda in a closed session if the item involves issues that require consideration in a closed session and the Committee announces that the item will be considered during a closed session. A quorum of Central Health's Board of Managers may convene or participate via videoconference to discuss matters on the Committee agenda, and any Committee actions will be in conformance with the Central Health Bylaws.

³ Possible closed session discussion under Texas Government Code §551.071 (Consultation with Attorney) and/or §551.085 (Governing Board of Certain Providers of Health Care Services).

Any individual with a disability who plans to attend or view this meeting and requires auxiliary aids or services should notify Central Health as far in advance of the meeting day as possible, but no less than two days in advance, so that appropriate arrangements can be made. Notice should be given to the Board Governance Manager by telephone at (512) 978-8049.

Cualquier persona con una discapacidad que planea asistir o ver esta reunión y requiera ayudas o servicios auxiliares debe notificar a Central Health con la mayor anticipación posible de la reunión, pero no menos de dos días de anticipación, para que se puedan hacer los arreglos apropiados. Se debe notificar al Gerente de Gobierno de la Junta por teléfono al (512) 978-8049.

Central Health Board of Managers Shared Commitments Agreed adopted on June 30, 2021

Whereas, the Board of Managers of Central Health has come together as a governing body to ensure the Vision of Central Health: Central Texas is a model health Community;

Whereas, the Board of Managers of Central Health bring this vision into reality by enacting the mission of caring for those who need it most and thereby improving the health of our community;

Whereas, the Board of Managers of Central Health achieves excellence toward this vision and mission through the stated values of Stewardship, Innovation, Respect, and Collaboration;

Whereas, the Board of Managers of Central Health further known as we in this document understand that systemic racism is the root of health inequities that emerge from a history of racism in Texas including Travis County that contributes to the social determinants of health that play a primary role in producing inequitable health outcomes;

Whereas, as an organization, Central Health is anti-racist and committed to a diverse and inclusive culture that seeks equity and social justice in the pursuit of its mission:

1. We Commit to informing all of our actions as Board Managers with the understanding that we are accountable to recognizing and to interrupting systems of oppression. This includes understanding the power structure in the United States, and Texas, and Travis County, that advantages certain community members and has historically disadvantaged other community members based on the color of their skin, race, ethnicity, language, and/or other characteristics. We further understand that to disrupt this power structure and the health inequities it produces, we must collaborate to collectively respond to the lived realities of all ethnicities, races, and identities disadvantaged within this system and all historically oppressed identities and communities disadvantaged within this system. We Commit to understanding that when disadvantaged communities compete against each other, we all lose in this system, and the only way forward is to work together for the benefit of all oppressed communities collectively.
2. We Commit to a model of Generative Leadership which requires us to understand and practice collaboration and accountability demonstrated by following our agreed upon meeting procedures and ensuring all members have the opportunity for comparable speaking time. We further Commit to intentionality prior to speaking including: considering: what is the goal of what I

- want to share; is this the right time to share it; and is this in keeping with our collective goal for this particular moment within this particular meeting?
3. We Commit to Generative Conflict which includes engaging in disagreements and differences in perspective in a way that deepens relationships and trust by expanding knowledge and understanding of each other, including expecting our ideas to be expanded and enriched by learning and engaging with other Board Manager ideas, choosing curiosity over competition of ideas, and anchoring our conversations in our common purpose.
 4. We Commit to practicing emotional intelligence as leaders which includes being aware of our own emotions and reactions and managing them, as well as being aware of our impact on others and managing this impact for the collective good when we are in our role as Board Managers.
 5. We Commit to being aware of our own privileges and advantages in the sociopolitical and economic structure of the United States, Texas, and Travis County to use these for the benefit of interrupting inequities across historically disadvantaged identities.
 6. We Commit to preventing the commission of microaggressions through the awareness of the history and oppression of diverse identities and communities. To this end, we Commit to strive to learn the historical context informing the lived realities of all historically oppressed identities and communities, and to use this to prevent use of language and commission of actions that can be harmful given these histories.
 7. If we inadvertently commit a microaggression, we strive to immediately become aware on our own of the harm we have caused. If another Board Manager generously helps us become aware of a microaggression we have committed we welcome the support in our learning and growing process as a leader and immediately express appreciation for having made us aware, own the mistake we have made, acknowledge the impact of the harm we have caused, and engage repair through apology and the articulation of what we will do to avoid the repetition of such harm in the future.
 8. If we observe one of our fellow Board Managers commit a microaggression, we Commit to calling them in by letting them know in a respectful and kind manner of the mistake that has been made.
 9. We understand that many of us, as survivors of historically oppressed identities and communities, carry internalized narratives of oppression, and we can inadvertently express these oppressions against others in ways that cause harm and we Commit to the same process identified in 7 and 8 to engage repair and return to generative collaborative processes.
 10. We understand that even without the history of oppression potentiating the weight of harm, expressions of prejudice and rudeness can also cause harm to our shared aims, and we Commit to the same process identified in 7 and 8 to engage repair and return to generative collaborative processes.

11. We Commit to using our Racial and Social Justice Framework (next page) for decision-making as we work together for the collective good of our communities as we eradicate health inequities and create a model healthy community.
12. We understand that we are entrusted with a vital responsibility for our communities and are accountable stewards for the time and resources available to our Board of Managers. We understand that these commitments are entered into to ensure responsible stewardship of this time and resources through generative collaborative processes to reach our vision and mission and we agree that if we do not follow any one of these commitments we welcome our Board Manager colleagues to bring this to our attention through the agreed upon process reflected here and when this occurs, we commit to immediately acknowledging the mistake and engaging in a repair and correction process as indicated in these commitments so that our work to dismantle systemic racism and resulting barriers and achieve health equity can move forward.

Be it adopted that the above agreements will be honored and acted upon by each Board Manager as of 6/30/2021 and henceforth forward as indicated by signature below.

Board Manager Signature

Date

Board Manager Printed Name

Calling In and Repairing Harm

Calling In after Harm in Groups with Shared Values and Aims Stance

Hey, this thing you said/did hurt some folks or could hurt some folks.

A) Here's why that can be hurtful or,

B) Please do some research to learn the history of why that's hurtful.

Implied message: I know you are good and are on this journey with us and we are all going to make mistakes as we unlearn things.

Calling In after Harm in Groups with Shared Values and Aims Sample Language

- I know it wasn't your intention, but what you just said minimizes the horror of _____ e.g. the history of racism, enslavement, the holocaust, etc.
- I know it wasn't your intention but what you just said has the impact of implying that _____ are not competent or as intelligent as others.
- What you just said suggests that _____ people don't belong.
- That phrase has been identified as being disrespectful and painful to _____ people and it's important that we not use it.
- Oh, I have also used that term, but I have now learned that when we use it we are leaving out people who _____ or we are implying that _____ and the word people are learning to use now is _____.
- The term used now by people living with that identity is _____.

Repairing Harm after Microaggressions, Mistakes, and expressions of Prejudice

- Own / Name it
- Recognize the Impact
- Apologize (Do not share context or explanations)
- Make any amends that are possible
- State what you are going to do to learn and do better in the future.

Sample Language: Thank you so much for letting me know. You are right, I used this term or said that phrase and realize that it has the impact of minimizing the experience of _____ or implying that _____. I am deeply sorry and will practice learning the correct language and will research and learn more about this to ensure that I do not make this mistake and cause this harm in the future.

RACIAL and SOCIAL JUSTICE FRAMEWORK

Values and Anti-Racism/Anti-Oppression

- Is this consistent with our values?
- Are we taking steps so we cannot predict outcomes by race and other systemically disadvantaged characteristics?

Intentional and Accountable Storytelling

- What data are we using and has it been disaggregated by race? What is the source of the data? Who is it making visible and invisible? Whose experience is being centralized and whose is being marginalized in the data? Does the way we are using the data reflect the complexity of the issues and reflect the issues accurately?
- What are the stories and narratives we are telling? What is the purpose? Who is interpreting the meaning? Who's it meant for? Who's impacted and how?
- Are we refusing to be ahistorical? Are we fully considering history and the impacts of the historical context?

Power Analysis

- What are the power dynamics in this situation? What are the intersecting spheres of oppression at work in this situation?
- What are the cultural norms of white supremacy at work in this situation?
- Who would benefit and who would be harmed by this action/decision?
- Does this interrupt/disrupt or collude with/reinforce oppressive systems/power structures?
- If this is attempting a solution, where are we locating the problem?
- Does the solution/strategy we are proposing change the system or the individual?
- Who are we asking to change and why?

Relationships

- Who is in the room and who isn't and why? Who is sharing and who is not and why?
- Whose perspective is represented/who is left out? And who is doing the representing? Who do we believe, who do we find credible? Why? Why not?
- Whose experience is being centralized and whose experience is being marginalized? Who is gazing and who is being gazed upon?
- Are we boldly leading toward our racial justice aim by building a broad coalition of support?
- Are we operating from a similar/shared understanding of anti-racism work? Do we have a shared anti-racist understanding of where the problem is located and a shared anti-racist theory of change to generate a solution? Have we agreed upon a shared goal?



**CENTRAL
HEALTH**

**SPECIAL CALLED BUDGET & FINANCE COMMITTEE
MEETING**

July 12, 2023

AGENDA ITEM 1

Discuss concepts proposed by Travis County for Central Health to fund some or all health care costs for adult inmates within the Travis County jail system.³ (*Informational Item*)



AGENDA ITEM SUBMISSION FORM

This form is to provide a general overview of the agenda item in advance of posting for the Board meeting. Proposed motion language is a recommendation only and not final until the meeting and may be changed by the Board Manager making the motion. All information in this form is subject to the Public Information Act.

Agenda Item Meeting Date July 12, 2023

Who will present the agenda item? (Name, Title) Travis County staff

General Item Description Discuss concepts proposed by Travis County for Central Health to fund some or all health care costs for adult inmates within the Travis County jail system.

Is this an informational or action item? Informational

Fiscal Impact N/A

Recommended Motion (if needed – action item) N/A

Key takeaways about agenda item, and/or feedback sought from the Board of Managers:

- 1) Texas Counties are responsible for the health care for county jail inmates.
2) There are different approaches to both funding and provisioning; Travis County currently funds and arranges for the care for jail inmates.
3) Travis County staff will discuss Central Health possibly funding or participating in the jail health program.
4) This matter has been raised informally at the staff level; however, the County was asked to discuss this matter with the Board.
5) A presentation from County staff is forthcoming.

What backup will be provided, or will this be a verbal update? (Backup is due one week before the meeting.) The presentation will be provided early next week.

Estimated time needed for presentation & questions? 1 hour

Is closed session recommended? (Consult with attorneys.) Yes



CENTRAL HEALTH

Form Prepared By/Date
Submitted:

Briana Yanes & Mike Geeslin / July 7, 2023

Travis County Inmate Healthcare

Travis County Sheriff's Office
Travis County Planning & Budget Office
July 12, 2023

Inmate Medical Care in Large Urban Counties

- ▶ Travis:
 - ▶ The County pays for all inmate health care for all inmates inside the jail and for outside medical care
- ▶ Dallas and Bexar:
 - ▶ The healthcare district pays for all inmate health care for all inmates inside the jail and for outside medical care
- ▶ Harris and El Paso:
 - ▶ The healthcare district pays for inmate healthcare outside the jail and provides services inside the jail. The County reimburses healthcare district for the cost to provide medical services inside the jail

Inmate Counts and Demographics

- ▶ Average daily population as of July 7, 2023 was 2,175 inmates
 - ▶ This includes approximately 1,903 males and 272 females
 - ▶ Approximately 42% had a mental health designation (913 inmates)
 - ▶ 747 males
 - ▶ 166 females
- ▶ Average length of stay is 28 days for all inmates
 - ▶ For those who stay over 3 days, the average is 57 days
- ▶ We believe that Travis County Jail is the largest provider of Mental Health services in Central Texas

Inmate Medical Statistics

- ▶ 25,904 medical screenings at Central Booking Facility in FY 2022
- ▶ On average, TCSO had the following numbers each month in FY 2022:
 - ▶ 28 hospital admissions
 - ▶ 63 emergency room transports
 - ▶ 72 outside medical appointments
- ▶ 132 inmates awaiting state jail hospital bed on average in FY 2022

Travis County Sheriff's Office Draft FY 2024 Preliminary Budget

- ▶ Travis County Sheriff's Office (TCSO) draft FY 2024 Preliminary Budget totals \$224.4 million for personnel, operating, and department capital expenses
- ▶ \$22.7 million is budgeted for medical and mental health services
 - ▶ \$15.6 million is allocated towards medical or mental health personnel
 - ▶ \$7.1 million is allocated towards other medical costs such as outside hospital care, pharmaceuticals, and contracted medical/mental health services
- ▶ Does not include additional costs for transporting/supervising inmates receiving medical care outside the jail

Medical/Mental Health Draft FY 2024 Preliminary Personnel Budget

- ▶ \$15.6 million personnel budget in FY 2024
 - ▶ Includes staffing at Central Booking Facility (17 Medical and 5 MH) in the counts below
 - ▶ Budget figure also includes 14 additional support positions not included below (Office Specialists, Paralegals, Administrative Assistants)
- ▶ 77 total medical providers
 - ▶ LVNs, NPs, PAs, Physician, Pharmacist and Techs, X-Ray Tech, Supervisors
- ▶ 42 total mental health providers
 - ▶ Psychiatrist, Psychologist, Trauma Informed Care Coordinator, Clinical Mental Health Professionals

Medical/Mental Health Draft FY 2024 Preliminary Operating Budget

Expense	FY 2024 Draft
Outside Medical Care	\$3,225,702
Pharmaceuticals	\$1,973,748
Contracted Nursing	\$119,598
Contracted MH Services	\$1,055,345
Other Contracted Medical Services	\$282,848
Other Operating Expenses	\$404,960
Total	\$7,062,201

Historical Operating Expenses for Outside Medical Care

FY 2018	FY 2019	FY 2020	FY 2021	FY 2022	FY 2023 YTD
\$2,173,292	\$3,065,517	\$3,190,898	\$3,171,630	\$3,158,497	\$1,952,967

- ▶ There is no secure wing in any hospital in Travis County
- ▶ Requires two Corrections Officers to supervise each inmate while in hospital, receiving outside medical care, or during transportation
- ▶ Cost per day (24-hour period) for supervision for two officers is estimated at \$2,200-\$2,800 (\$91-\$116 per hour) per inmate depending on staffing factors such as overtime

FY 2022 Outside Medical Care Top 4 Providers

Provider	FY 2022 Amount Paid
Dell Seton Medical Center	\$2,233,722
Quest Diagnostic	\$275,805
Seton Medical Center Austin	\$148,594
Seton Family of Doctors	\$112,356
Subtotal	\$2,770,477
All Others	\$388,020
Grand Total	\$3,158,497

Historical Operating Expenses Medical/Mental Health within the Jail

Expense	FY 2018	FY 2019	FY 2020	FY 2021	FY 2022	FY 2023 YTD
Pharmaceuticals	\$1,838,671	\$1,718,364	\$1,621,513	\$1,559,212	\$1,767,532	\$1,463,396
Contracted Nursing	\$908,235	\$667,452	\$449,576	\$714,930	\$2,148,088	\$2,592,095
Contracted MH Services	\$872,510	\$735,786	\$809,265	\$1,020,766	\$984,744	\$865,982
Other Contracted Medical Services	\$305,039	\$312,020	\$328,187	\$324,522	\$367,350	\$252,159
Total	\$3,924,455	\$3,433,622	\$3,208,541	\$3,619,430	\$5,267,714	\$5,173,632

Combined Medical/MH Operating Expenses

Expense	FY 2018	FY 2019	FY 2020	FY 2021	FY 2022	FY 2023 YTD
Outside Medical Care	\$2,173,292	\$3,065,517	\$3,190,898	\$3,171,630	\$3,158,497	\$1,952,967
Pharmaceuticals	\$1,838,671	\$1,718,364	\$1,621,513	\$1,559,212	\$1,767,532	\$1,463,396
Contracted Nursing	\$908,235	\$667,452	\$449,576	\$714,930	\$2,148,088	\$2,592,095
Contracted MH Services	\$872,510	\$735,786	\$809,265	\$1,020,766	\$984,744	\$865,982
Other Contracted Medical Services	\$305,039	\$312,020	\$328,187	\$324,522	\$367,350	\$252,159
Total	\$6,097,747	\$6,499,139	\$6,399,439	\$6,791,060	\$8,426,211	\$7,126,599

Additional Questions

- ▶ Does TCSO have dedicated staff to administer medical contracts (inmate medical care)?
 - ▶ TCSO estimates it requires about four FTE to administer medical care including medical billing
- ▶ Does TCSO have a single contract for medical and mental health services?
 - ▶ TCSO contracts with multiple providers for supplemental staffing for both medical and mental health personnel
 - ▶ Outside medical provider payments are billed for cost of service negotiated by TCSO on a case-by-case basis, not through contracts
- ▶ Is an assessment done while incarcerated to determine if inmates qualify or have 3rd party payer for healthcare that could be billed?
 - ▶ Presently this does not occur, though it is our understanding that once an individual has been magistrated, 3rd party insurance would no longer cover expenses
 - ▶ Additionally, a large percentage of the inmate population is indigent without health insurance of any kind
- ▶ Has there been a medical assessment?
 - ▶ No third-party review has been performed, though TCSO does continually review and revise policies



**CENTRAL
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**SPECIAL CALLED BUDGET & FINANCE COMMITTEE
MEETING**

July 12, 2023

AGENDA ITEM 2

Confirm the next Budget and Finance Committee meeting date, time, and location. (*Informational Item*)