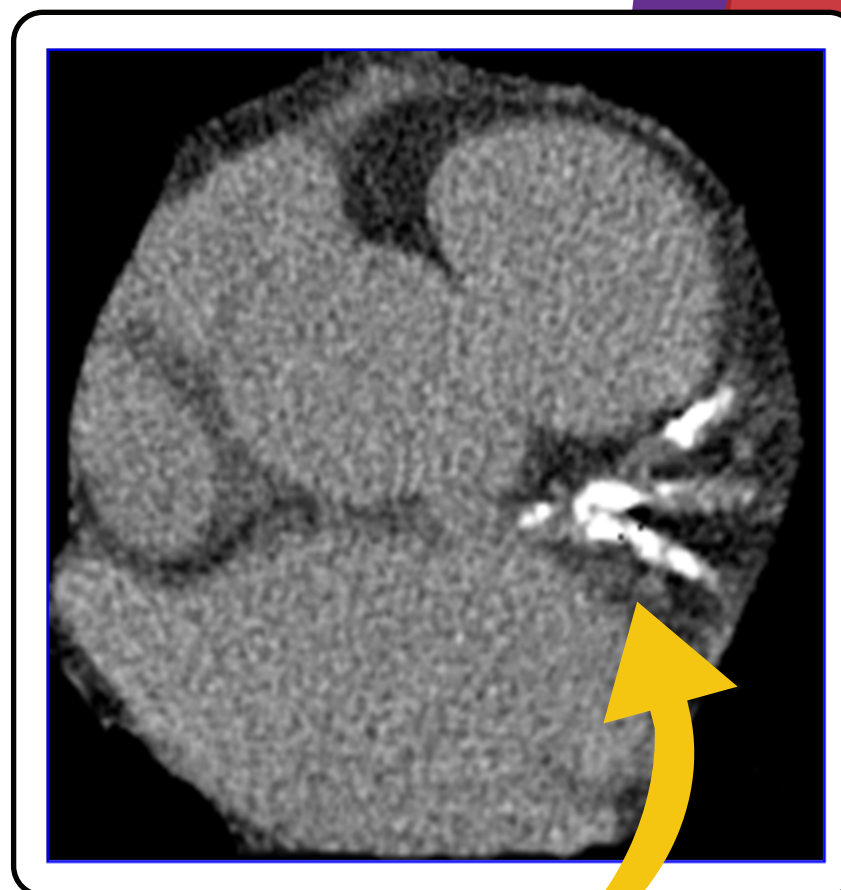


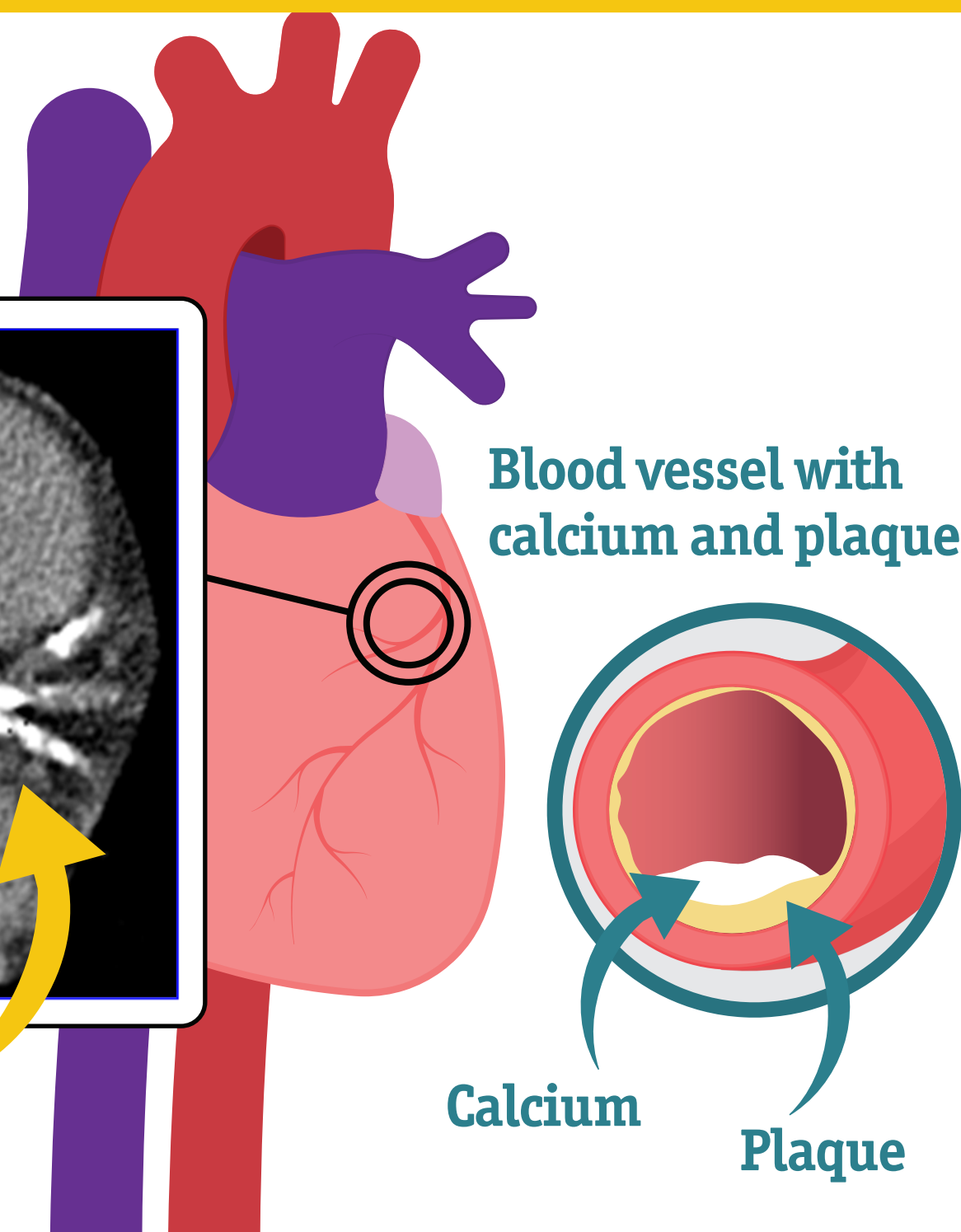
What is a calcium heart scan?

A test that **measures the amount of calcium in the heart's arteries**. It's:

- ▶ Done with a CT scan of the heart (low radiation)
- ▶ Most helpful if there is some question about your chances (risk) of developing heart disease, for example:
 - You may have some risk factors
 - Other tests haven't given clear answers



Calcium shown in a heart scan



Blood vessel with calcium and plaque

Calcium Plaque

WHAT THE TEST RESULTS MEAN

You'll get a score, or number, that shows:



The more calcium in the arteries, the greater your risk of a heart attack or stroke.

TALK WITH YOUR TEAM

Depending on the results, you and your health care team may discuss:

Your CAC score can help you and your care team decide how best to lower your risk of heart problems. But it's only one piece of the puzzle.



Your symptoms at rest and with activity



Making certain lifestyle changes a bigger priority



Adding or changing medication(s)



More tests



Follow-up visits

visit [CardioSmart.org/CAC](https://www.CardioSmart.org/CAC) to learn more.

@ACCinTouch #CardioSmart

