



SOURCES OF VITAMIN K



KALE



PARSLEY



SCALLIONS



BROCCOLI



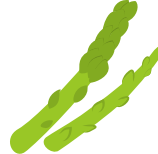
CABBAGE



OKRA



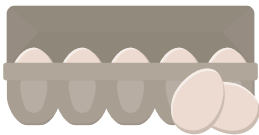
KIWI



ASPARAGUS



BRUSSELS SPROUTS



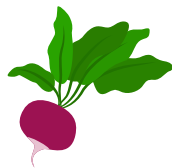
EGGS



CILANTRO



SPINACH



TURNIP GREENS



COLLARD GREENS