# Case Management Program

The Central Health Case Management Program helps you take care of your health and daily needs. We connect you with services such as transportation, housing, food, and medical care so you can manage your care with confidence.

## How the case management program can help you

- Understand your health and your care.
- Apply for assistance programs, such as SNAP or Metro Access.
- Connect with community resources and medical providers.
- Learn about your medicines and how to take them.
- Attend appointments and help you speak up about your needs.

## About your case management care team

Your care team includes a nurse case manager and a community health worker. They work together to support your medical and social needs.

Your care team is available Monday through Friday, 8 a.m. to 5 p.m. If you need medical help outside of these hours, call 512.978.8130. If you have a medical emergency, call 911.

### The nurse case manager helps you:



- Understand your medicines.
- Understand your care plan.
- Get items that support your medical needs.

Your nurse case manager is:

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Call your nurse case manager at:

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### The community health worker helps you:



- Schedule doctor appointments.
- Find resources for needs outside of your medical care.

Your community health worker is:

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Call your community health worker at:

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