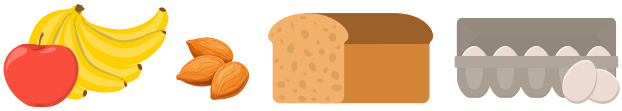
Full Liquid Diet



Foods allowed

- Coffee
- Tea
- Jello
- Ice cream, sherbert
- Milk, milkshakes
- Protein drinks
- Plain yogurt (no fruit/solids)
- Soft drinks, lemonade
- Strained soups
- Cream soups
- Cream of wheat
- Pudding
- Butter, margarine, or gravy
- Broth*
- Vegetable and fruit juices (no pulp)



Foods not allowed

- No solid foods
- Fruit
- Vegetables
- Bread, pasta
- Tortillas
- Ready-to-eat cereal
- Oatmeal
- Rice
- Cheese, cottage cheese
- Beef, pork, chicken
- Fish
- Yogurt with fruit
- Nuts
- Eggs
- Peanut butter
- Cake, pies
- Cookies, candy

*May be high in salt