Central Health Medical Respite Program

The Central Health Medical Respite (CHMR) program helps those who are not sick enough to stay in a hospital but can't heal on the streets. This program is for people experiencing homelessness who are sick or hurt and need a safe place to heal.

This is not a housing program. It is meant for short-term help, and does not provide a permanent home.

Program placement options

A New Entry (ANE)
1808 Webberville Rd., Austin, TX 78721

- 9 p.m. curfew is enforced.
- Strict sobriety rules.
- Three meals a day and laundry are provided.
- Rooms are shared by 2–3 people.
- Guests must arrive before 2 p.m. with medication, wound care supplies, and Durable Medical Equipment (DME).
- You are allowed to be up to 30 minutes late.

Urban Alchemy (Austin Resource Center for the Homeless or ARCH)
500 E. 7th St., Austin, TX 78701

- No curfew enforced at the ARCH, but the CHMR team asks that you stay the night.
- Three meals a day and laundry are provided.
- Beds are small cots in a 10-bed dorm.
- Guests must arrive before 1:30 p.m. with medication, wound care supplies, and Durable Medical Equipment (DME).
- No late arrivals. You must arrive on time.

Frequently asked questions

How long can I stay?
The length of your stay depends on your medical condition. Most stays are about a month long.

Can I bring my partner?
Unfortunately, we can't accommodate couples.

Is there somewhere safe to keep my medication?
Yes! We have locked rooms and refrigerators where you can keep your medicine.

What can I bring?
Space is very limited. You may bring up to two suitcases.

Do I have to stay there all day?
No, but we ask that you stay every morning until 10 a.m. to check in with the Respite team.

Does placement at ANE include participation in substance abuse treatment while I am there?
No, the CHMR program does not include substance abuse treatment.

For more information about the program, contact Laura Malone at Laura.Malone@CentralHealth.net or call at 512.978.9451.

To learn more about MAP, visit CentralHealth.net/map.

CENTRAL HEALTH
TRAVIS COUNTY HOSPITAL DISTRICT