Preparing for Your Lung Function Test

You have a lung function test scheduled. This test, also called a pulmonary function test, helps your doctor see how well your lungs are working.

To get accurate results, you will need to prepare. Follow the steps below to get ready for the test.



Clothes

On the day of your test, wear loose, comfortable clothes so you can breathe easily.



Meals

Do not eat a big meal fewer than two hours before this test.



Family & friends

Family and friends may be in the waiting room with you, but cannot be with you during your test.

Do not leave young children in the waiting room without a responsible adult.



Medications

Take your medicines as usual unless advised by your doctor.



No smoking

Do not smoke or vape the day of the test.

This could affect the results of the test.



Time

This test takes about one hour to complete.

Inhalers will affect the test

- Stop using your albuterol inhalers or nebulizers four hours before your test.
- Stop using _____ one day before your test.
- Stop using _____ two days before your test.

If you have trouble breathing, you may use your albuterol. When you arrive for your test, let us know if you used it.

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CENTRAL HEALTH
TRAVIS COUNTY HOSPITAL DISTRICT