EARS, NOSE, & THROAT

Tympanostomy Tubes Placement Post-Surgery Care

What to expect after surgery

- Your doctor will give you ear drops (Ciprodex otic).
- You may have some drainage, or even bloody drainage, from your ears.
- You may be sensitive to noise for a few days.
- Your tubes will usually stay in 6–24 months.
- You will have a follow-up appointment with your doctor two (2) weeks after surgery and then every 4–6 months until the tubes fall out on their own.

How to take care of yourself at home

- Put four (4) Ciprodex otic ear drops in both ears twice a day for four (4) days.
- Take Tylenol (acetaminophen) if you feel any pain.
- Wait until the day after the procedure to go back to your usual activities.
- Keep your ears dry. Use water protection like ear plugs if you go swimming.

If you have questions or notice consistent yellow or green drainage from your ear that smells bad, call our office at **512.978.8130, option 2**, to speak to a nurse.

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CENTRAL HEALTH