Injectables Diabetes Medicines

Fast-acting insulin

Novolog®

Generic
Insulin aspart

When to take
Take 10 to 15 minutes before a meal.

How fast it starts working
10 to 20 minutes

Works strongest around
30 to 90 minutes

How long it works
3 to 5 hours

Expiration after opening
28 days

Humalog®

Generic
Insulin lispro

When to take
Take 10 to 15 minutes before a meal

How fast it starts working
10 to 20 minutes

Works strongest around
30 to 90 minutes

How long it works
3 to 5 hours

Expiration after opening
28 days

Apidra®

Generic
Insulin glulisine

When to take
Take 10 to 15 minutes before a meal

How fast it starts working
10 to 20 minutes

Works strongest around
30 to 90 minutes

How long it works
3 to 5 hours

Expiration after opening
28 days

Novolin® R

Generic
Insulin regular human

When to take
Take 30 minutes beforea meal.

How fast it starts working
30 to 60 minutes

Works strongest around
2 to 4 hours

How long it works
5 to 8 hours

Expiration after opening
42 days

Humulin® R*

Generic
Insulin regular human

When to take
Take 30 minutes before a meal.

How fast it starts working
30 to 60 minutes

Works strongest around
2 to 4 hours

How long it works
5 to 8 hours

Expiration after opening
31 days

CENTRAL HEALTH

Intermediate-acting insulin

Novolin® N

Generic
Insulin NPH

When to take
Take as prescribed.

How fast it starts working
1 to 3 hours

Works strongest around
4 to 8 hours

How long it works
14 to 24 hours

Expiration after opening
42 days

Humulin® N*

Generic
Insulin NPH

When to take
Take as prescribed.

How fast it starts working
1 to 3 hours

Works strongest around
4 to 8 hours

How long it works
14 to 24 hours

Expiration after opening
31 days

*Medications not currently covered, non-formulary or require PAP.

Long-acting insulin

Semglee®

Generic
Insulin glargine

When to take
Take once a day in the morning or before going to sleep.

How fast it starts working
90 minutes

Works strongest around
No strongest point (works at a steady level)

How long it works
Up to 24 hours

Expiration after opening
28 days

Lantus®*

Generic
Insulin glargine

When to take
Take once a day in the morning or before going to sleep.

How fast it starts working
90 minutes

Works strongest around
No strongest point (works at a steady level)

How long it works
Up to 24 hours

Expiration after opening
28 days

Humulin® R U-500*

Generic
Insulin regular human

When to take
Take 30 minutes before a meal.

How fast it starts working
30 minutes

Works strongest around
4 to 8 hours

How long it works
Up to 24 hours

Expiration after opening
28 days

Tresiba®*

Generic
Insulin degludec

When to take
Take once a day in the morning or before going to sleep.

How fast it starts working
1 hour

Works strongest around
No strongest point (works at a steady level)

How long it works
36 to 42 hours

Expiration after opening
56 days

Toujeo®*

Generic
Insulin glargine

When to take
Take once a day in the morning or before going to sleep.

How fast it starts working
6 hours

Works strongest around
No strongest point (works at a steady level)

How long it works
24 to 36 hours

Expiration after opening
42 days

*Medications not currently covered, non-formulary or require PAP.

Insulin mixtures

NovoLog® 70/30

Generic
Insulin aspart

When to take
15 minutes before meal.

How fast it starts working
10 to 20 minutes

Works strongest around
2 to 4 hours

How long it works
Up to 24 hours

Expiration after opening
28 days

Humulin® 70/30*

Generic
Insulin NPH

When to take
30 minutes before meal.

How fast it starts working
30 to 60 minutes

Works strongest around
1 to 5 hours

How long it works
18 to 24 hours

Expiration after opening
31 days

Novolin® 70/30

Generic
Insulin NPH

When to take
30 minutes before meal.

How fast it starts working
30 to 60 minutes

Works strongest around
1 to 5 hours

How long it works
Up to 24 hours

Expiration after opening
42 days

Humalog® 75/25*

Generic
Insulin aspart

When to take
15 minutes before meal.

How fast it starts working
10 to 15 minutes

Works strongest around
It varies

How long it works
16 to 22 hours

Expiration after opening
28 days

*Medications not currently covered, non-formulary or require PAP.

Injections-GLP-1RA

Victoza®

Generic
Liraglutide

How it works
- Helps your body release insulin when your sugar is high.
- Slows down how fast food leaves your stomach. It makes you feel full for longer time.
- Limits how much sugar gets into your blood from your liver.

When to take it
- Once a day in the morning or before going to sleep at night.
- Take it with or without a meal.
- Once a week on the same day each week.
- Take it with or without a meal.

Possible side effects
- Nausea
- Vomiting
- Diarrhea
- Constipation
- Headaches
- Stomach pain
- Low appetite
- Indigestion
- Acid reflux
- Low blood sugar (when used with other diabetes medications)

Expiration after opening
30 days

Ozempic®*

Generic
Semaglutide

How it works
- Helps your body release insulin when your sugar is high.
- Slows down how fast food leaves your stomach. It makes you feel full for longer time.
- Limits how much sugar gets into your blood from your liver.

When to take it
- Once a day in the morning or before going to sleep at night.
- Take it with or without a meal.
- Once a week on the same day each week.
- Take it with or without a meal.

Possible side effects
- Nausea
- Vomiting
- Diarrhea
- Constipation
- Headaches
- Stomach pain
- Low appetite
- Indigestion
- Acid reflux
- Low blood sugar (when used with other diabetes medications)

Expiration after opening
56 days

*Medications not currently covered, non-formulary or require PAP.

Trulicity®*

Generic
Dulaglutide

How it works
- Helps your body release insulin when your sugar is high.
- Slows down how fast food leaves your stomach. It makes you feel full for longer time.
- Limits how much sugar gets into your blood from your liver.

When to take it
- Once a day in the morning or before going to sleep at night.
- Take it with or without a meal.
- Once a week on the same day each week.
- Take it with or without a meal.

Possible side effects
- Nausea
- Vomiting
- Diarrhea
- Constipation
- Headaches
- Stomach pain
- Low appetite
- Indigestion
- Acid reflux
- Low blood sugar (when used with other diabetes medications)

Expiration after opening
14 days

Byetta®*

Generic
Exenatide

How it works
- Helps your body release insulin when your sugar is high.
- Slows down how fast food leaves your stomach. It makes you feel full for longer time.
- Limits how much sugar gets into your blood from your liver.

When to take it
Two times a day.

Possible side effects
- Nausea
- Vomiting
- Diarrhea
- Constipation
- Headaches
- Stomach pain
- Low appetite
- Indigestion
- Acid reflux
- Low blood sugar (when used with other diabetes medications)

Expiration after opening
30 days

*Medications not currently covered, non-formulary or require PAP.

Soliqua®*

Generic
Insulin glargine / lixisenatide

How it works
- Helps your body release insulin when your sugar is high.
- Slows down how fast food leaves your stomach. It makes you feel full for longer time.
- It has a long-acting insulin.

When to take it
Once a day in the morning before eating your first meal of the day.

Possible side effects
- Nausea
- Vomiting
- Diarrhea
- Constipation
- Headaches
- Stomach pain
- Low appetite
- Indigestion
- Acid reflux
- Low blood sugar (when used with other diabetes medications)

Expiration after opening
28 days

*Medications not currently covered, non-formulary or require PAP.