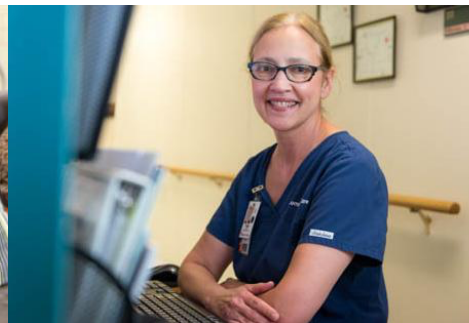
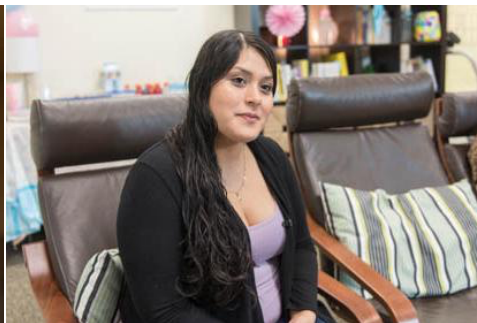




CENTRAL HEALTH

What Research Says About Recess, Unstructured Physical Activity and Free Play

2017 Central Health Equity Policy Council



The Central Health Equity Policy Council

- A coalition of 70+ community members interested in health equity.
- Our priorities are: tobacco, obesity, diabetes, and HIV.
- Mission: To identify and advance effective health equity and wellness policies for all Travis County residents.
- Our 2017 Policy Initiative: Recess Policy



Let's Warm Up



CENTRAL HEALTH

How We Can Help

- Sample policies
- Supervision and training plans
- Connectivity to recess equipment
- Support for School Board Policy Adoption





Thank You!

Any Questions?

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